



Why do you love me so much?

Early years learning concentrates on 7 areas split between prime and specific areas of learning.

The prime areas of learning are:

- communication and language
- physical development
- personal, social and emotional development

The specific areas of learning are:

- literacy
- mathematics
- understanding the world
- expressive arts and design

Teaching is often done through play, where the child learns about subjects and other people through games. Within each of our topics children will be given opportunities to learn in all seven areas of learning. None of these areas can be delivered in isolation from the others. They are equally important and depend on each other. All areas are delivered through a balance of adult led and child initiated activities.

Themes incorporated within this topic include:

- Me and My Family
- People Who Love Me
- My Body
- Keeping Healthy
- Love and Relationships
- Care and Growing

This topic stimulates children's curiosity, understanding, knowledge and imagination about themselves and their relationships with others. They will learn...

- about caring for themselves and others;
- about emotions and feelings;
- about their individual strengths including what makes them special and unique;
- about the role of family and other carers;
- about the changes to our bodies that take place as we grow;
- about our senses and the way we use them to explore our environment.

Activities you can try at home:

-Look through the family photo album together, maybe organise a family get-together and take lots of new pictures.

-Make a family tree using photographs. Lay them out on a big piece of paper, and explore how everyone is connected.

-Visit a friend or family member with a baby. Find out how they have to take care of it, and compare this with how you are taken care of.