

## Our Value in April is **PATIENCE**



- **the ability to accept delays, difficulties and problems with tolerance and without anger or resentment**

**At school** we will emphasise the importance of being able to wait for things to happen rather than having what we want immediately. We will consider the possible consequences of being too impatient which often results in trouble and unhappiness. The practice of 'taking one's turn' will be foremost in our thoughts this month during all activities in school. Everyone will be reminded not to interrupt others while they are speaking and to control frustrations and 'count to ten'. In Assembly we will use the example of Nelson Mandela's patience during his 27 years in prison and show how he patiently and calmly stood up for his beliefs without resorting to anger and aggression.

**Thought for the month:** 'Our patience will achieve more than our force.'

*Edmund Burke*



**At home** you could identify a family treat which may happen in the not too distant future if everyone can demonstrate the value of patience. This will give everyone something to look forward to and will be good practice for waiting patiently. This would also be a great time to insist on 'taking turns' with good humour.