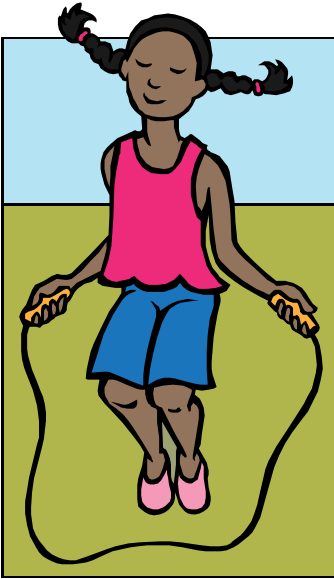


# Saphia has Autism



This is Saphia. She has Autism. She lives at home with her mum and her little brother. She likes riding her bike and eating pizza. She walks to a school near her home. At school she likes drawing and working on the laptops. She has a friend called Mustapha. They play on the climbing frame at playtime.

You might not know Saphia has Autism by looking at her. You cannot catch Autism by being her friend. People with Autism can be good friends, they can learn at school and can have lots of interests.

Sometimes Autism can make things more difficult for Saphia. She might not understand what you say to her. You can help by being patient and trying to explain again, or by showing her what you mean.

She might not understand how to be a friend. You could help her by telling her kindly if she does something wrong, or showing her how to act.

She might not like it when things change. You can help her by telling her that things will be ok and explaining what has changed.

If you don't know how to help Saphia you can ask an adult.