

Where can I get help, support or advice?

The school E-safety Co-ordinator can offer help, support or practical help or visit one of the websites below for online advice.

Think U Know—www.thinkuknow.co.uk

The Child Exploitation and Online Protection Centre (CEOP) - www.ceop.police.uk

The Internet Watch Foundation (IWF) - www.iwf.org.uk

Specialist general advice for parents—www.nspcc.org.uk, www.nch.org.uk, www.barnardos.org.uk, and www.beatbullying.org

Here are some questions you and your children could discuss.



LYNEHAM PRIMARY SCHOOL

Telephone 01249 890413

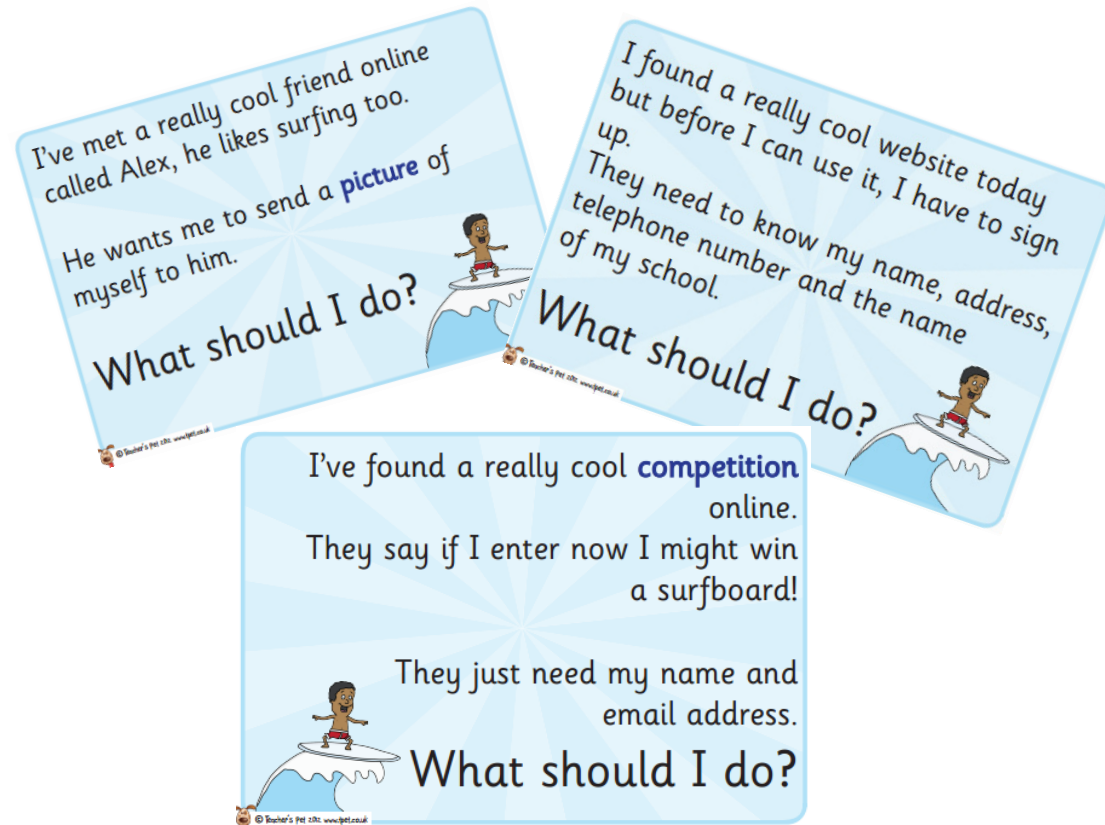
Email; admin@lynehamprimary.wilts.sch.uk

Parent Pocket Guide

E-Safety



Updated March 2013



Lyneham Primary School



Lyneham Primary School E-safety Pocket Guide

The internet is such an integral part of children's lives these days. It opens up so many educational and social opportunities, giving them access to, quite literally, a world of information and experiences. Whether on a computer at school, a laptop at home, a games console or mobile phone, children and young people are increasingly accessing the internet whenever they can and wherever they are.



Why do I need to know?

As you would protect your child in the real world, you will want to make sure that they are safe whatever they are doing. Like learning to cross the road, online safety skills are skills for life. If your child understands the risks and can make sensible and informed choices online, they can get the most from the internet and stay safe whilst doing so - particularly from those people who might seek them out to harm them.

How can we work together to protect children

Wii online....



Gaming

Gaming can be great fun, and can be a place where young people play and chat to each other. Gaming chat is often focused solely on the game, and young people will often swap user names to ensure that they can get to the next levels. Children will often spend hours every day playing games, especially when they should be asleep or when their parents have gone to bed. For this reason, we recommend that the computer is kept in a family room. Parents/Carers can then monitor the games that children are playing, to ensure they are age appropriate.

Both at home and school, it is vital that we talk to children to make sure they know how they should behave when they are gaming. They should be encouraged not to accept cheats or talk to people that they don't know in the real world. If anyone asks them to do anything that makes them feel uncomfortable, they should tell a trusted adult.



Mobile Phones



Children like to use mobile phones as it increases their feeling of independence as it enables them to plan arrangements with friends and family. They can have a lot of fun with games, ringtones and using their mobiles to take pictures. As mobile technology develops increasing numbers of children have access to the internet through their phones, providing them with access to their email, social networking and gaming sites when on the move. There are mobile phone operators who sell phones with filtering software included, so that your children can't access inappropriate websites or content. It is worth checking if your child's phone has this capability by checking with the mobile operator.

Social Networking

Although chatting online can be great fun, young people can sometimes find themselves in situations where they can feel out of their depth. Remember to



check if there is an age limit on the social network your child wants to join (most networks are 13). If they are talking to someone else there is a risk that they will misuse this Information and the person may not be who they think they are.

Encourage them only to upload pictures that you as their parents / carer would be happy to see. Tell your children not to post their phone number or email address on their homepage. Help your child to adjust their account settings so that only approved friends can instant message them. Check if your child has ticked the "no picture forwarding" option on their social networking site settings page - this will stop people sending pictures from their page around the world without their consent. Encourage them not to give too much away in a blog. Friends can call them for the address of the latest party rather than read about it on their site. Ask them to show you how to use a social networking site - getting involved will empower them to share the experience with you.

Johnathon Howard
ICT Subject Leader



P.T.O for places to get practical help, support and advice

