



2014-2015 Sports Timetable

Autumn Term 2014

Carlisle Utd. - 1st half of term – ABC's & dynamic movements Rec/KS1
Modified Games KS2
2nd half of term - ABC's in isolation & combination Rec/KS1
Modified Games KS2

Yr 3 & 4 – Tennis
KS2 – visit from 2 Carlisle United players
KS2 – Carlisle Utd. Match trip

Spring Term 2015

Carlisle Utd. - 1st half of term – weekly dance – developing agility & co-ordination
2nd half of term – weekly gymnastics – developing flexibility, strength,
technique, control & balance.
Yr 3 & 4 - Bench Ball
Juniors – Football games & training
Small schools 5 a side football – The Sands
KS1 - Dance
Juniors – Swimming at Netherhall – 10 weeks
Yr 4 – Cycle training
Yr 3 & 4 – Tennis festival
KS2 – Gymnastics festival

Summer Term 2015

Carlisle Utd. - Team Games Rec/KS1
Modified games KS2
Yr 5 & 6 – Cycling training
Yr 5 & 6 – Kwik Cricket
KS1 – Cricket (after school)
Yr 1 & 2 - Handball
Yr 5 & 6 – Multi Skills
KS2 – Athletics festival
Whole school – Sports Day