

# Carden Primary School curriculum overview for PSHE, Citizenship and SEAL

PHSE will be taught discretely/linked to the year group topic. Here at Carden we have identified the key subject skills for PHSE that we believe are essential for children to experience and re-visit many times between years 1 and 6. Skills are taught both explicitly and discretely. The skills for PHSE are:

- Critical self-reflection
- Resilience
- Self-organisation
- Empathy
- Working with others
- Learning from experience and mistakes
- Setting challenging personal goals
- Self-regulation
- Recognising and developing strategies for managing and challenging pressure, conflict, persuasion, prejudice and coercion.

Many of these skills support behaviour for learning.

The tables below outline what will be taught in PHSE for each year group in each half term or term.

# AUTUMN TERM

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
New Beginnings	New Beginnings	New Beginnings	New Beginnings	New Beginnings	New Beginnings
Getting on and Falling out	Getting on and Falling out	Getting on and Falling out	Getting on and Falling out	Getting on and Falling out	Getting on and Falling out
<b>Anti Bullying Week” Say No to bullying”</b>					
<b>Internet Safety taught through ICT H1.12H1.13 H1.14</b>					
<b>Pupil Voice school Council E1.1 E1.2E1.3</b>	<b>Pupil Voice School Council E1.1,1.2,1.3</b>  <b>Money management taught as part of Maths E1.6 E1.7</b>	<b>Money Management</b> (taught as part of maths) E2.11, E2.12 <b>Internet Safety</b> (taught through ICT) H2.20,H2.21, H2.22	<b>Global Education-</b> Media stereotypes (including gender) E2.2,E2.9,E2.10,E2.16, R2.8, H2.12, R2.14, H2.19 <b>X4 lessons</b> (link to geography)	<b>Global Education</b> Racism E2.4,E2.6,E2.7, E2.9, E2.10, R2.12,R2.14 <b>X4 lessons</b> (link to geography)	<b>Global Education-</b> Refugees / Islamaphobia E2.7, E2.9, E2.10, E2.13, R2.14 <b>x3 lessons</b> (link to geography)
<b>My Local Community E1.41.5Link to history/RE</b>	<b>Keeping Safe Environmental Safety Drugs education H 1.11 1.12 1.14</b>	<b>Global Education-</b> Being a global citizen E2.1,E2.4,E2.9, E2.10,R2.11,	<b>Money Management</b> (taught as part of maths) E2.11, E2.12	<b>Money Management</b> (taught as part of maths) E2.11, E2.12, E2.15	<b>Money Management</b> (taught as part of maths) E2.11, E2.12, E2.15
<b>RSE Growing and caring for ourselves H1.11,1.6,1.7</b>	<b>RSE Life Cycles naming body parts safe touch</b>				

SPRING TERM					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Going for Goals	Going for Goals	Going for Goals	Going for Goals	Going for Goals	Going for Goals
Good to be me	Good to be Me	Good to be Me	Good to be Me	Good to be Me	Good to be Me
Gender Toys R.8  Money management (taught through maths E1.6,1.7)	Careers and genders E1.8	Keeping Safe Drugs &Alcohol Education H2.2, H2.6, H2.8, H2.9, H2.10, H2.12, H2.13, H2.15, H2.16, R2.13 <b>X4 lessons</b>	Keeping Safe Drugs &Alcohol Education H2.2,H2.6,H2.8,H2.9, H2.10, H2.12,H2.13,H2.15, H2.16, R2.13, E2.1 <b>X4 lessons</b>	Keeping Safe Drugs &Alcohol Education H2.2, H2.6, H2.8, H2.9, H2.10, H2.12, H2.13, H2.15, H2.16, R2.13, E2.1 <b>X4 lessons</b> First Aid (taught through science) H2.14	Keeping Safe Drugs &Alcohol Education H2.2, H2.6, H2.8,H2.9, H2.10, H2.12,H2.13, H2.15, H2.16, R2.13, E2.1 <b>X4 lessons</b>
Healthy eating (taught through science,PE,DT H 1.1 H1.2)	Global Education Multicultural Britain E1.4 R 1.8	Healthy Eating (taught through science, PE & DT) H2.3, E2.1 Family Diversity- What is a family? R2.4, R2.12, R21.4 <b>x3 lessons</b>	Healthy Eating (taught through science, PE & DT) H2.3, E2.1	Healthy Eating (taught through science, PE & DT) H2.3, E2.1  Gypsy Roma Traveller Education (GRT) R2.11, R2.14 <b>x3 lessons</b>	Healthy Eating (taught through science, PE & DT) H2.3, E2.1 LGBT equality education R2.14 <b>X3 lessons</b>

SUMMER TERM					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	Relationships	Relationships	Relationships	Relationships	Relationships
Changes	Changes	Changes	Changes	Changes	Changes
Gender Identity Be who you are R 1.8	Sun safety	RSE Naming body parts & different types of relationships H2.17, H2.18, R2.2, R2.3	RSE Bodies, safe touch, body changes, reproduction R2.6 H2.17, H2.18 <b>X6 lessons</b>	RSE Puberty- male and female changes R2.3, R2.4, R2.5 H2.17, H2.18 <b>X4 lessons</b>	RSE Safe touch, Puberty, body image & reproduction including conception E2.8, H2.11, H2.17,

		<b>X4 lessons</b>			H2.18, H2.19, R2.1, R2.2, R2.3, R2.6, R2.14, E2.16 <b>X7 lessons</b>
<b>Keeping Safe Environmental safety H1.11 1.12</b>		<b>Gender</b> Gender identity & stereotyping R2.11, H2.1, R2.14 <b>x3 lessons</b>	<b>Disability Equality Education</b> R2.12, R2.14 <b>x3 lessons</b>	<b>Gender and body image</b> H2.12, R2.14, E2.16 <b>X2 lessons</b>	
					<b>Safety In Action</b>