

Dance and Gymnastics curriculum

Autumn Term 1st Half -Dance

R-Unit 1 (Stars, Rabbits) Y3-Unit 1 (Who am I?)
Y1-Unit 1 (Streamers) Y4-Unit 1 (These shoes...)
Y2-Unit 1 (The Cat) Y5-Unit 1 (Rubbish)
Y6- Unit 1 (World of Sport)

Autumn Term 2nd Half-Gymnastics

R-N/R Intro Unit Y3- L- Stretching
Y1-D-Flight Y4-P-Balance
Y2-H-Parts High and Low Y5-T-Bridges
Y6-X- Partner Work-Matching

Spring Term 1st Half-Dance

R-Unit 2 (Icicles & Water) Y3-Unit 2 (The Explorers)
Y1-Unit 2 (March, March) Y4-Unit 2 (Electricity)
Y2-Unit 2 (Friends) Y5-Unit 2 (What a card!)
Y6- Unit 2 (Thesus and the Minotaur)

Spring Term 2nd Half-Gymnastics

R-A-Travelling Y3-M- Symmetry
Y1-E-Points & Patches Y4-Q-Receiving Body Weight
Y2-I-Pathways Y5-U-Flight
Y6-Y-Partner Work- Synchronisation

Summer Term 1st Half-Dance

R-Unit 3 (Blowing Bubbles) Y3-Unit 3 (The Eagle)
Y1-Unit 3 (Fog & Sunshine) Y4-Unit 3 (Snooker)
Y2-Unit 3 (Words) Y5- **SWIMMING**
Y6- Unit 3 (The Rainforest)

Summer Term 2nd Half- Gymnastics

R-B- Stretching & Curling Y3-N-Pathways
Y1-F- Rocking & Rolling Y4-R-Balance
Y2-J- Spinning & Turning Y5-V- Functional Use
Y6- **SWIMMING**