

## Menu cycle one

20 April, 11 May, 8 June, 29 June, 20 July,  
14 September, 5 October

Monday



Pizza with onion & tomato  
**NEW!** Potato croquettes  
Coleslaw  
Mixed salad  
Meringue nest with grapes & cream

Tuesday



Chicken curry  
Wholegrain rice  
Naan bread  
Minted salad  
Apple crumble & custard

Wednesday



Roast beef & gravy  
Yorkshire pudding  
Mashed potatoes  
Seasonal vegetables  
**NEW!** Cheese & crackers

Thursday



Spaghetti bolognese  
**NEW!** Garlic dough ball  
Seasonal vegetables  
Strawberry Eton mess cupcake

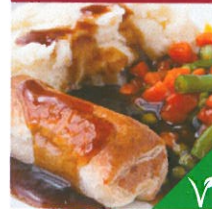
Friday



MSC fish goujons  
Jacket wedges  
Seasonal vegetables  
Honey cake & vanilla sauce

## Menu cycle two

27 April, 18 May, 15 June, 6 July, 3 September,  
21 September, 12 October



Vegetarian sausage roll & gravy  
New potatoes  
Seasonal vegetables  
**NEW!** Lemon cheesecake & cream



Gourmet beef burger in a wholemeal roll with lettuce & mayonnaise  
Jacket wedges  
Coleslaw & mixed salad  
Magic chocolate pudding & chocolate sauce



Roast pork, stuffing & gravy  
Roast potatoes  
Mashed potatoes  
Seasonal vegetables  
Fruit in jelly & cream swirl



Venison meatballs in tomato sauce  
Penne pasta  
Seasonal vegetables  
Corn cake tart & custard



MSC fish portion  
Tomato ketchup  
Oven chips  
Seasonal vegetables  
Fresh fruit salad & dairy ice cream

## Menu cycle three

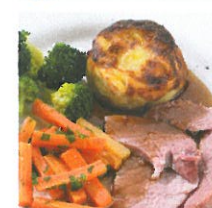
4 May, 1 June, 22 June, 13 July, 7 September,  
28 September, 19 October



Pasta Neapolitan  
**NEW!** Garlic dough ball  
Coleslaw  
Mixed salad  
Spiced carrot cake & custard



**NEW!** Beef & vegetable pie & gravy  
Roast potatoes  
Seasonal vegetables  
Fruit cookie & milkshake



Roast gammon & gravy  
**NEW!** Potato gratin  
Seasonal vegetables  
Fruit ice cream



Nottinghamshire sausage & gravy  
Mashed potatoes  
Yorkshire pudding  
Seasonal vegetables  
**NEW!** Raspberry swirl sponge & custard



MSC fish goujons  
Tomato ketchup  
Oven chips  
Seasonal vegetables  
Butterscotch tart