

INFORMATION ON THE SCHOOL POLICY DURING THE MUSLIM MONTH OF RAMADAN

The Muslim month of Ramadan has started. I have drafted a brief policy as it is useful as it supports us to all work together with understanding.

If you decide to allow your child to fast you need to write to me to let me know. I trust that Ramadan is a good month for you and your family.

Yours faithfully

P Hudson

Headteacher

POLICY ON FASTING DURING THE MUSLIM MONTH OF RAMADAN

AIMS

1. To provide a safe environment for children who wish to fast during part or all of the month of Ramadan.
2. To ensure the proper care of children is maintained and keep parents informed if their child is unwell.
3. To further develop understanding of the different faiths represented in the school population.

IMPLEMENTATION

1. All parents must inform the Headteacher in writing if they wish their child to fast for part or all of the month of Ramadan.
2. If a child says that he or she is fasting but the Headteacher has not received a letter from his or her parent this will be dealt with in a respectful way and the child will not be allowed to skip lunch.
3. To recognise in Islam that fasting is not compulsory before the age of puberty.
4. Children who are fasting should not be expected to exert themselves physically.
5. For Health and Safety reasons, pupils who are fasting do not do active physical education lessons at the time they are fasting. At this time they do some health related learning.
6. If children are considered sensible enough by their parents to deal with the religious observance of fasting they should be encouraged to make use of quiet areas on the playground.
7. Children who are fasting can opt to use the seated areas outside in order to conserve their energy.
8. As is the tradition in the school, some assemblies held during Ramadan will be to create an understanding of the Muslim faith and the festival of Eid-ul-Fitr.
9. A child who fasts on some days and not others should be provided by their parents by their parents with a packed lunch for the days s/he is not fasting. If a child is eligible to free school meals the child's parents should liaise with the school office.
10. In the rare circumstances of a child becoming distressed when he or she is fasting, the school will provide the child with something to eat or drink unless their parent/carer has let us know in advance that they do not wish this to happen.

HEALTH AND SAFETY

1. Parents **MUST** inform the school via a letter if their child is fasting.
2. The school will inform parents immediately if their child who is fasting becomes unwell.
3. Children who fast must conserve their energy and not join in strenuous games.

INCLUSION

1. There is mutual co-operation between the parents of children who are fasting and the school.
2. All children in the school are encouraged to feel positive about their family, their culture and their faith.