



Barndale House School

Sex and Relationships Policy

What is Sex and Relationships Education?

SRE is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care for family life. It involves acquiring accurate information, developing skills and forming positive beliefs, values and attitudes which will guide decision making, judgements, relationships and behaviour throughout life.

Principles and values

SRE should;

- Be an entitlement for all pupils
- Be an integral part of the lifelong learning process about sex, sexuality, emotions, relationships and sexual health
- Help children and young people to acquire accurate information, develop skills and positive values
- Generate an atmosphere where questions and discussion on sexual matters can take place without any stigma or embarrassment
- Promote spiritual, moral, social, cultural, emotional and physical development of students
- Support family commitment, love, respect, affection, knowledge and openness. Family is acknowledged as a broad concept and not a single model
- Nurture a responsible attitude towards personal relationships and friendships, including respect, trust and care
- Support students to understand the physical development of bodies as they grow into adults
- Encourage exploration of values and moral issues taking into account physical and moral risks associated with certain behaviour
- Educate against discrimination and prejudice
- Empower young people to make informed choices about their safety and well being
- Recognise that parents and carers are key figures in teaching their children about growing up and keeping safe
- Recognise that it is good practice to work in partnership with health professionals

Sex and Relationships Education at Barndale House School has three main elements;

Personal and Social Skills

- Managing emotions within relationships confidentially and sensitively
- Developing positive self esteem and confidence
- Developing self respect and empathy for others
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Learning to recognise and avoid inappropriate and uncomfortable situations and behaviours which could lead to exploitation and abuse

Attitudes and values

- Learning the importance of values, individual conscience and moral choices
- Valuing family life, stable and loving relationships and marriage
- Learning about the nurture of children
- Demonstrating the values of respect, love and care
- Exploring, considering and understanding moral dilemmas
- Developing skills including negotiation and decision making
- Challenging myths, misconceptions and false assumptions

Knowledge and Understanding

- Learning and understanding about physical and emotional development at appropriate stages
- Learning about human reproduction, sexual and personal health, emotions and relationships
- Learning about where to go for help or advice

Aims

The aim of SRE is to provide balanced factual information about human reproduction, together with consideration of the broader emotional, ethical, religious and moral dimensions of sexual health. Our SRE programme aims to prepare students for an adult life in which they can;

- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour; have the confidence and self esteem to value themselves and others and respect for individual conscience and the skills to judge what kind of relationship they want
- Understand the consequences of their actions and behave responsibly within sexual and pastoral relationships
- Avoid being exploited or exploiting others or being pressured into unwanted or unprotected sex
- Communicate effectively by developing appropriate terminology for sex and relationship issues

Barndale House School recognises that parents and carers are key figures in helping their children to cope with the emotional and physical aspects of growing up and therefore have significant responsibility in preparing them for challenges and responsibilities which sexual maturity brings.

Parents are encouraged to support the School's SRE programme.

In promoting a positive, supportive partnership with parents and carers, school has a clear commitment to;

- Inform parents/carers about the SRE Policy and practice including opportunities to discuss methods of delivery, lesson content and to review resources
- Answer any questions they may have about SRE for their child
- Offer regular training sessions to support parents and carers in talking to their children about growing up and keeping safe

Parents have the right to withdraw their child from all or parts of the SRE programme except for those parts included in the statutory Science Curriculum (Biology and Human reproduction)

Sex and Relationships Education at Barndale House School is developed in the context of Personal, Health and Social Education and Citizenship and a whole school ethos that is safe for children and young people to learn in and supports their self esteem and emotional development.

Confidentiality and Safeguarding

Children have the right to expect schools to provide a safe and secure environment. Teachers' need to be aware that the children and young people may bring fears or worries into the classroom that affect SRE and need to develop an understanding of what is and is not acceptable in a relationship. This may lead to a disclosure of a child protection issue. If a member of staff has child protection concerns or hears a disclosure then they have a duty to pass this on to the Designated Officers in school and follow procedures set out in the schools Child Protection Policy.

Monitoring and evaluation of Sex and Relationships Education

It is the responsibility of the School Leadership Team to oversee and organise the monitoring and evaluation of SRE in the context of the overall schools plans for monitoring the quality of teaching and learning.

The Governing Body is responsible for overseeing, reviewing and organising the revision of the SRE Policy.

Ofsted is required to evaluate and report on the Personal, Health and Social Education of pupils.