

Useful parenting books available from library - re Parenting Course.

Hi Jo

Yes we do have some resources that may be of use. Last year the FISS team recommended a list of books for libraries to stock that they use with families on their parenting courses. All libraries in South Gloucestershire have copies of these books so that parents who don't qualify for the courses can still access the resources. There are 3 books:

'The incredible years: a trouble-shooting guide for parents of children aged 2 - 8 years' by Carolyn Webster-Stratton

'Parent power: bringing up responsible children and teenagers' by John Sharry

'Parenting teenagers: A guide to solving problems, building relationships and creating harmony in the family' by John Sharry

They are free to borrow from any Library in South Gloucestershire www.southglos.gov.uk/libraries and it's free to join the library so all the parents would need to do is visit their library. If the book is out on loan we can reserve copies from other branches as well. I've included the link to our website so that the parents can check if the book is on the shelf before they visit or alternatively they could call 01454 868006 to check before visiting.

Hope this helps. Let me know if you need any more information

Thanks

Emma