

Carre's Grammar School  
Autumn Term Week 2  
Monday 7<sup>th</sup> September to Friday 11<sup>th</sup> September

Name ..... Class/Year .....

Monday 7 <sup>th</sup> September		Tick
Main	Chicken risotto served with garlic bread & carrots	
Main (V)	Vegetable risotto with garlic bread & carrots	
Bread	Chicken in a wrap with cherry tomatoes	
Dessert	Pancake & strawberry sauce	
Dessert	fruit	

Tuesday 8 <sup>th</sup> September		Tick
Main	Savoury minced beef puff pastry pie with sauté potatoes & mixed veg	
Main (V)	Savoury Quorn pie served with sauté potatoes & mixed veg	
Bread	ham baguette with cucumber	
Dessert	Lemon cake	
Dessert	fruit	

Wednesday 9 <sup>th</sup> September		Tick
Main	Cheesy pasta served with cauliflower & broccoli	
Main (V)	Creamy tomato pasta served with cauliflower & broccoli	
Bread	Egg mayonnaise served with carrot sticks	
Dessert	Fruit yoghurt	
Dessert	fruit	

Thursday 10 <sup>th</sup> September		Tick
Main	Lincolnshire sausages with mashed potato & beans	
Main (V)	Quorn sausage with mashed potato & beans	
Bread	Seeded roll with tuna mayonnaise & a mixed salad	
Dessert	Jelly & ice cream	
Dessert	fruit	

Friday 11 <sup>th</sup> September		Tick
Main	salmon and broccoli in a creamy tomato sauce served with new potatoes & peas	
Main (V)	Roasted vegetables in a creamy tomato sauce served with new potatoes & peas	
Bread	Salmon fish fingers served in a bun with peas	
Dessert	Cocoa cookie	
Dessert	fruit	

Special Requirements Including any Food Allergies <b>(NA) NOT SUITABLE FOR NUT ALLERGY</b>	<b>Total Meals :</b> <b>Cost per Meal :£ Price</b> <b>Total Amount :£</b>
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Please return this form and payment by Date

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**Please complete and detach this section and keep for your records (Parent's Copy)**

Monday				Tuesday				Wednesday				Thursday				Friday			
Main	Veg	Dessert	Fruit	Main	Veg	Dessert	Fruit	Main	Veg	Dessert	Fruit	Main	Veg	Dessert	Fruit	Main	Veg	Dessert	Fruit