

Carre's Grammar School
Autumn Term Week 7
Monday 12th October –Friday 16th October

Name Class

Monday 12 th October		Tick
Main	Jacket Potato with Tuna mayonnaise served with sweetcorn	
Main (V)	Tomato & Basil Pasta served with sweetcorn	
Bread	Cheese Panini with sweetcorn	
Dessert	Pea r& chocolate crumble served with pouring cream	
Dessert	fruit	

Tuesday 13 th October		Tick
Main	Baked ham and pineapple served with new potatoes, baked beans	
Main (V)	Roasted vegetable pastry puff served with potatoes, baked beans	
Bread	Ham roll with tomato & cucumber	
Dessert	Toffee Mousse & Biscuit	
Dessert	Fruit	

Wednesday 14 th October		Tick
Main	Vegetable chilli served with rice & peas	
Main (V)	Vegetable sweet & sour served with rice & peas	
Bread	Egg & tomato wrap served with carrot sticks	
Dessert	Fruity flapjack	
Dessert	fruit	

Thursday 15 th October		Tick
Main	Roast turkey stuffing ,l roast potatoes , carrots and gravy	
Main (V)	Bramley apple sausage with stuffing roast potatoes, carrots and gravy	
Bread	baguette with tuna mayonnaise served with a mixed salad	
Dessert	Fruit jelly & ice cream	
Dessert	fruit	

Friday 16 th October		Tick
Main	Breaded Fish Served with New Potatoes, mixed vegetables	
Main (V)	Vegetable Lasagne Served with Garlic Bread & sliced tomato	
Bread	Fish cake served in a bun with sliced tomato	
Dessert	Chocolate fudge brownie	
Dessert	Fruit	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.30 KS2 only Total Amount :£
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Please return this form and payment by Monday 5th October =- cheques "LCC"

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Please complete and detach this section and keep for your records (Parent's Copy)

Monday				Tuesday				Wednesday				Thursday				Friday			
Main	Veg	Dessert	Fruit	Main	Veg	Dessert	Fruit	Main	Veg	Dessert	Fruit	Main	Veg	Dessert	Fruit	Main	Veg	Dessert	Fruit