

Carre's Grammar School
Autumn Term Week 8
Monday 19th October to Friday 23rd October
Teddar

Name Class

| Monday 19 th October | | Tick |
|---------------------------------|--|------|
| Main | Chicken risotto served with garlic bread & carrots | |
| Main (V) | Vegetable risotto with garlic bread & carrots | |
| Bread | Chicken in a wrap with cherry tomatoes | |
| Dessert | Pancake & strawberry sauce | |
| Dessert | fruit | |

| Tuesday 8 ^t | | Tick |
|------------------------|---|------|
| Main | Savoury minced beef puff pastry pie with sauté potatoes & mixed veg | |
| Main (V) | Savoury Quorn pie served with sauté potatoes & mixed veg | |
| Bread | ham baguette with cucumber | |
| Dessert | Lemon cake | |
| Dessert | fruit | |

| Wednesday 9 th September | | Tick |
|-------------------------------------|--|------|
| Main | Cheesy pasta served with cauliflower & broccoli | |
| Main (V) | Creamy tomato pasta served with cauliflower & broccoli | |
| Bread | Egg mayonnaise served with carrot sticks | |
| Dessert | Fruit yoghurt | |
| Dessert | fruit | |

| Thursday 10 th September | | Tick |
|-------------------------------------|-----------------|------|
| Main | Ham roll | |
| Main (V) | Cheese roll | |
| Bread | | |
| Dessert | Cookie, yoghurt | |
| Dessert | fruit | |

| Friday 11 th September | | Tick |
|-----------------------------------|--|------|
| Main | | |
| Main (V) | | |
| Bread | | |
| Dessert | | |
| Dessert | | |

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|--|--|
| Special Requirements Including any Food Allergies (NA) NOT SUITABLE FOR NUT ALLERGY | Total Meals : Cost per Meal :£2.30 KS2 only Total Amount :£ |
|--|--|

Please return this form and payment by Monday 12th October – cheques LCC

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Please complete and detach this section and keep for your records (Parent's Copy)

| Monday | | | | Tuesday | | | | Wednesday | | | | Thursday | | | | Friday | | | |
|--------|-----|---------|-------|---------|-----|---------|-------|-----------|-----|---------|-------|----------|-----|---------|-------|--------|-----|---------|-------|
| Main | Veg | Dessert | Fruit | Main | Veg | Dessert | Fruit | Main | Veg | Dessert | Fruit | Main | Veg | Dessert | Fruit | Main | Veg | Dessert | Fruit |
| | | | | | | | | | | | | | | | | | | | |