

**Carre's Grammar School**  
**Winter Term Week 3**  
**Monday 16<sup>th</sup> November to Friday 20<sup>th</sup> November**

**Name** ..... **Class** .....

<b>Monday 16<sup>th</sup> Nov</b>		<b>Tick</b>
Main	Chicken, tomato & chorizo casserole served with rice & peas	
Main (V)	Sweet potato, butternut squash casserole served with rice & peas	
Bread	Ham roll served with sliced tomatoes	
Dessert	Fruit yoghurt	
Dessert	Fruit	

<b>Tuesday 17<sup>th</sup> Nov</b>		<b>Tick</b>
Main	Baked ham served with jacket potato & baked beans	
Main (V)	Cheese onion puff served with a jacket potato & baked beans	
Bread	Turkey wrap served with baked beans	
Dessert	Rice pudding	
Dessert	Fruit	
Dessert	Fruit Yoghurt	

<b>Wednesday 18<sup>th</sup> Nov</b>		<b>Tick</b>
Main	Spicy tomato pasta served with sweetcorn & grated cheese	
Main (V)	Roasted red pepper in a creamy tomato pasta served with sweetcorn & grated cheese	
Bread	Cheese wholemeal sandwich served with carrot sticks	
Dessert	Chocolate orange sponge served with custard	
Dessert	Fruit	
Dessert	Fruit Yoghurt	

<b>Thursday 19<sup>th</sup> Nov</b>		<b>Tick</b>
Main	Roast beef, Yorkshire pudding, mashed potatoes, carrots & gravy	
Main (V)	Savoury quorn mince, Yorkshire pudding, mashed potatoes, carrots & gravy	
Bread	Tuna mayonnaise baguette served with cucumber	
Dessert	Oat & raisin cookie	
Dessert	Fruit	
Dessert	Fruit Yoghurt	

<b>Friday 20<sup>th</sup> Nov</b>		<b>Tick</b>
Main	Jumbo fish finger, sauté potatoes served with mixed vegetables	
Main (V)	Cheese omelette, sauté potatoes served with mixed vegetables	
Bread	Egg mayonnaise roll served with a mixed salad	
Dessert	Banana whip & biscuit	
Dessert	Fruit	
Dessert	Fruit Yoghurt	

Special Requirements Including any Food Allergies <b>(NA) NOT SUITABLE FOR NUT ALLERGY</b>	<b>Total Meals :</b> <b>Cost per Meal :£2.30 KS2 only</b> <b>Total Amount :£</b>
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Please return this form and payment by Monday 9<sup>th</sup> November – cheques payable LCC

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**Please complete and detach this section and keep for your records (Parent's Copy)**

Monday	Tuesday	Wednesday	Thursday	Friday
M/ V/ B/ Y/ F	M/ V/ B/ D/ F/ Y	M/ V/ B/ D/ F/ Y	M/ V/ B/ D/ F/ Y	M/ V/ B/ D/ F/ Y