

# PE Action Plan Evaluation

Miss K Harford

2014/15

- PE has been given a higher profile across the school; classes in KS1 have at least 2 scheduled PE lessons each week and there is a section on the website that is regularly updated.

- 3 main aims that have been developed over the year:

## **1. Increased participation in PE and Sport.**

**- Lunchtime Sports Coaches;** weekly data has been collated to show how many children participating.

Over the course of the year, data has been collected each week and has shown that children have taken part in high quality, structured physical activity during lunchtimes over 300 times each week. The main finding from analysing the data has shown that more boys have taken part in the activities more than girls so this will be an area of focus for 2015/16.

Children have been able to take part in activities which we have never been offered to our children previously; eg, fencing, tri golf, tag rugby, archery. The Midday Supervisors have continued to observe the good practice of the coaches with a focus upon sustaining the engagement of pupils in physical activities. Some Midday Supervisors attended a course run by Derby School Sport Partnership [October 2014] to develop activities offered during playtimes.

**- Playground Leaders;** encouraged more children to experience different roles in PE and Sport.

Six Year 2 children were trained as Playground Leaders at the start of the year who have been responsible for delivering small sided, multiskill type games during playtimes. Some of the Sports Premium funding was used to arrange for a member of staff from Derby School Sport Partnership to work with these children [November 2014]. As an incentive for the children, we purchased personalised baseball caps for them to wear when they were in role of their new job!

Although feedback from the leaders was positive in the sense that they enjoyed the responsibility, this was unfortunately not sustained to the same high level throughout the year. To improve upon this in 2015/16, the playground leaders will change each term so that it gives opportunities for more children to experience different roles in sport but to also ensure that the leaders don't become bored and not want to do their job.

**- Elite Swimming Club;** paid by Sports Premium [20children].

In previous years, we have provided a Swimming club on a Thursday Lunchtime that has relied upon parent/carer contribution. However, from January 2015, we changed the focus of the club to our Gifted and Talented swimmers and provided fully paid places to 20, Y2 children. This opportunity further raised our standards within swimming and ultimately increased the amount of children leaving Year 2 that are well on their way to achieving the end of Key Stage 2 expectations.

- 2013/14 = 34%.

- 2014/15 = 48.3%.

The Sports Premium was used to cover the costs of a qualified swimming instructor from the local swimming pool and pool hire.

**- YogaBugs for Reception children.**

Through a 10 week programme, children in Reception were introduced to structured PE ready for KS1 which also supported the physical element of the early year's curriculum. Teachers were able to implement strategies from the scheme into their day to day classroom practice that impacted upon the children's behaviour in a positive way; a relaxed calm classroom was ultimately promoted. We intend to use the Sports Premium in 2015/16 to

carry on this programme whilst also looking into the possibility of offering a Yoga Bugs after-school club to target children with additional needs.

#### **- 'Spare Kit' Box.**

The creation of this box has ultimately decreased the amount of children sitting on the side during PE lessons as all children are now taking part in structured physical activity on a regular basis alongside their peers. The Sports Premium was initially used to buy kit before donations from parent and carers made the box more substantial.

#### **- Staff as Athletes!**

To further promote PE in school, we took the decision this year that staff would change into PE kit at lunchtime should they have PE in the afternoon. This has proved to be extremely effective as children instantly become enthused when they saw their teacher in kit come out onto the playground after lunch; all staff now act as positive role models/athletes! ☺

All teachers also took part in the 'Schools Race for Life' during our Sports Day. This undoubtedly supported a great cause whilst again further raising the profile of PE at Ridgeway.

## **2. Professional Development of Teachers**

#### **- Derby SSP Affiliation; Games Workshop, development courses throughout the year.**

On 17th November 2014, staff from Derby SSP delivered a Games workshop to all teaching staff to support and improve the delivery of this area of the PE curriculum. From this workshop, staff discussed how they felt more confident to teach which in turn has not only improved standards of teaching but developed the enthusiasm of children for PE. The enthusiasm was clearly evident during a Y1 Learning Walk in June 2015.

From this course, we received a high quality resource pack in which staff have also commented positively on in terms of using for planning including differentiation of activities and structure of lessons.

#### **- Dance Development; staff meeting, West End in Schools.**

In January, a freelance dance teacher worked with all teaching staff to develop ideas on how to structure dance lessons. Due to a positive experience in the last academic year 2013/14, we booked in a member from the West End in Schools company to again provide our children with an outstanding quality dance experience where they learned performance skills and were generally inspired by watching a professional. It supported our MADD [Music, Art, Dance and Drama] Week in the Spring Term extremely well!

#### **- ASA Swimming Course for Y2 Teachers.**

All Y2 teachers are now qualified swimming instructors; two teachers passed the course in October 2014 which was paid for by the Sports Premium. To further raise the profile of our unique swimming programme and ultimately further improve our swimming standards and achievements [see figures above], all Y1 teachers and 2 HLTA's will be attending the course in the next academic year [2015/16]. By this commitment made by Ridgeway to ensure all staff are qualified swimming teachers, we feel this clearly demonstrates to parents and carers the importance we place on offering this opportunity to our children.

## **3. Competitive Sport**

#### **- KS1 Multiskills Festival; Derby Moor Sports College.**

In December and July, a group of Y2 children were part of the Ridgeway All Stars Team that took part in a circuit of activities in groups against other children from a local school. Although based primarily on fun and participation, there was a competitive element as they were accumulating scores from all activities and the overall winner was announced at the end; one of the teams from Ridgeway came first!! ☺

### **- Celebration of Dance.**

Alongside the free-lance dance teacher who delivered a staff meeting in January, she also worked with a group of 23 Y2 children over a period of 6 weeks who then performed to a large audience at the Riverside Centre in the Celebration of Dance. Without a doubt, this raised the profile of Dance within the school whilst giving children the opportunity to test themselves against children from other schools.

As the group was made up of 12 girls and 13 boys, this has helped to encourage more of our boys to take part in and enjoy Dance activities at lunchtime and in lessons. When children were interviewed about their experience, they said:

'It was the best day of my life!'

'I felt scared at first but when I was on stage it was amazing!'

'I want to do it again!'

### **- Sports Day; change of structure [increase participation for all - fun, challenging, traditional]**

After consulting children, parents and staff, it was decided the Ridgeway Games 2015 was going to be a whole day event where the morning consisted of a circuit of activities that were based primarily on fun and participation. The afternoon session had more of a competitive focus where children were selected [through heats from the morning] to compete against other children from their year group. It was without doubt a huge success and this was confirmed through feedback given by staff, children and parents/carers.