

Week ONE

MAIN MEALS

DESSERTS

MONDAY

Traditional Pork Sausages, Potato Waffles & Garden Peas
Vegetable Ravioli served with Potato Waffles and Garden Peas
Baked Jacket Potato served with Baked Beans & Salad

Chocolate Sponge served with Peppermint Sauce
Fruit Cocktail
Fresh Fruit & Yoghurt

TUESDAY

Tasty Minced Beef Cobbler with Herby Diced Potatoes & Sweet Corn
Crispy Salt & Vinegar Fish Goujons Herby Diced Potatoes & Sweet Corn
Cheddar Cheese Roll with salad & Vegetables

Apple Anzac Biscuits
Raspberry Arctic Roll
Fresh Fruit & Yoghurt

WEDNESDAY

Turkey Meatballs in Tomato Sauce with Pasta
Cheese Whirls with Potato Wedges Mixed Vegetables
Baked Jacket Potato served with Quorn Chilli & Salad

American Muffin
Apricot Flapjack
Fresh Fruit & Yoghurt
Orange Cuplet

THURSDAY

Roast Beef with Yorkshire Pudding Gravy, Roast Potatoes, Cabbage & Carrots
Pasta in a Creamy Tomato Sauce with Garlic Bread & Salad
Filled Tuna Sub Roll with Fruity Coleslaw & Salad

Baked Sponge & Custard
Fromage Frais
Fresh Fruit & Yoghurt

FRIDAY

Cod Fillet Fish Fingers, Chips and Country Mixed Vegetables
Pizza Margarita, Chipped Potatoes and Country Mixed Vegetables
Baked Jacket Potato served with Baked Beans & Salad

Oaty Cherry Crumble & Custard
Fruit Ice Cream Pot
Fresh Fruit & Yoghurt

Week commencing 2 Nov, 23 Nov, 14 Dec, 18 Jan, 8 Feb, 7 Mar

Fresh Fruit, Yoghurt, Bread & Drinking Water available daily

Week TWO

MAIN MEALS

DESSERTS

MONDAY

Brunch (Bacon Sausage, Hash Browns & Baked Beans)
Spaghetti Napolitano (V) Garden Peas Garlic Bread & Salad
Baked Jacket Potato with a Cheddar Cheese Savoury & Salad

Creamy Rice Pudding & Jam, Chocolate & Orange Brownie
Fresh Fruit & Yoghurt

TUESDAY

Baked Crispy Chicken Chunks, Chipped Potatoes Peas & Sweet Corn
Lemon Sole with Chipped Potatoes, Peas & Sweet corn
Crusty Ham Baguette, Potato Salad & Salad

Canadian Ginger Sponge
Strawberry Mousse
Fresh Fruit & Yoghurt

WEDNESDAY

Meat & Potato Pie & Beetroot served with Vegetable Medley
Salmon & Sweet Potato Cod Fishcake with Jacket Wedges and Baked Beans
Baked Jacket Potato with Baked Beans & Salad

Baked Jam Sponge & Custard
Fruit Cheesecake, Fresh Fruit & Yoghurt

THURSDAY

Mediterranean Chicken Pasta served with Crusty Bread & Salad
Cheese Omelette served with Roast Potatoes & Vegetables
Tuna Pitta Pockets, Salad & Potatoes

Apple Pie & Custard
Jelly & Ice Cream
Fresh Fruit & Yoghurt

FRIDAY

White Fish in Batter with Lemon Wedge, New Potatoes & Mushy Peas
Cheese & Tomato Quiche New Potatoes & Garden Peas
Baked Jacket Potato with Baked Beans & Salad

Chimney Pot Cake, Raspberry Buns
Fresh Fruit & Yoghurt
Milk Shake

Week commencing 9 Nov, 30 Nov, 4 Jan, 25 Jan, 22 Feb, 14 Mar

Menus may vary in certain schools to accommodate religious practices

Week THREE

MAIN MEALS

DESSERTS

MONDAY

Crispy Chicken Goujons with Potatoe Smiles & Baked Beans
Quorn Chilli served with boiled Rice
Baked Jacket Potato with Baked Beans & Salad

Bakewell Tart & Custard
Cheese & Biscuits
Fresh Fruit & Yoghurt

TUESDAY

Pasta Bolognese with Salad & Tomato Garlic Bread
Salmon Fishcake, Potato Wedges, Sweet Corn
Hot Cheese Baguette with Salad & Wedges

Iced Sponge Cake, Gingerbread Fingers
Fresh Fruit & Yoghurt
Milk Shake

WEDNESDAY

Balti Chicken Curry with Mixed Rice & Naan Bread
Macaroni Cheese served with Crusty Bread & Vegetable Medley
Baked Jacket Potato with Tuna & Salad

Paris Sandwich & Custard
Chocolate Cookies
Fresh Fruit & Yoghurt

THURSDAY

Cottage Pie with, Carrot & Swede Mash & Gravy
Tuna Pasta Bake with Crusty Bread & Salad
Egg Mayonnaise Sub Roll, Coleslaw & Salad

Vanilla Sponge & Chocolate Sauce Flapjack
Fresh Fruit & Yoghurt

FRIDAY

Cheese & Onion Pie, Croquette Potatoes & Garden Peas
Double Cod Finger Fish in a Bun, Tomato Ketchup Croquette Potatoes & Garden Peas
Baked Jacket Potato with Baked Beans & Salad

Yoghurt Muffins
Chocolate Mousse,
Fresh Fruit & Yoghurt

Week commencing 16 Nov, 7 Dec, 11 Jan, 1 Feb, 29 Feb, 21 Mar

Whilst every effort is made to produce these menus, please be aware that they may vary occasionally subject to availability