



St Mary's R.C. Primary School

PSHE Policy

Created June 2015

Vision:

We believe that every child is a gift from God, therefore, we aim to provide an outstanding and happy Catholic education which develops the 'whole child' whilst enabling them to reach their full potential.

Mission statement:

We love God ... so we follow the examples of Jesus

We love learning ... so we always do our very best in everything

We love each other ... so we treat each other as we want to be treated

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Overview

Personal, social, health and economic (PSHE) education is a planned, developmental programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future.

As part of a whole-school approach, PSHE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

PSHE education can help schools to reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. The PSHE education programme makes a significant contribution to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour and safety and the school's statutory responsibility to promote pupils' wellbeing.

PSHE education equips pupils with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing. A critical component of PSHE education is providing opportunities for children and young people to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSHE education contributes to personal development by helping pupils to build their personal identities, confidence and self-esteem, resilience, identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the

ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

Objectives

The overarching aim for PSHE education is to provide pupils with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and, if necessary, challenge their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives

Strategies

- We have developed a program of study for each individual year group from Year 1 -6 covering the following topics: citizenship, staying safe, financial education, keeping healthy, e-safety, SEALs and SRE – sex and relationship education.
- As a school each half term we are looking at a different learning skill that the children can develop at their own level. We have a two year rolling programme of Life Skills. These are: Empathy, Resilience, Collaboration, Risk taking, Initiative and Persistence and: Failure/Success, Loyalty/Honesty, Generous/Charitable, Ambition/Integrity, Assertiveness/Conflict Management, Tolerance/Compassion
- Promoting the pupil voice. We have a School Council, Bully Busters, Pupil Chaplains and Playground Pals. We also have an elected Head Boy and Girl and an eco-friendly team
- As a school we follow the Statements to Live By each week
- Using our SEAL files as a resource
- Having themed learning weeks
- E-safety week
- Healthy schools week
- Anti-bullying week
- Enterprise week – during lent to raise money for St. Joseph's Penny
- Using cross curricular links
- Using discreet lesson time
- Linking them to class topics
- We also promote British/Gospel values through our Spiritual, Moral, Social and Cultural Education provision.

See also:

SMSC Policy

RE and Prayer/Worship Policy

British Values Policy

Prevent Policy

Safeguarding Policy
Behaviour
Anti Bullying Policy
E Safety Policy

Outcomes

Children will develop knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It will encourage them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing. Children will be able reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future. Children will be given opportunity to build their personal identities, confidence and self-esteem, resilience, identify and manage risk, make informed choices and understand what influences their decisions. Children will be skilled in recognising, accepting and shaping their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Children will develop an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

Date: Nov 2015

Signed: Chair of Governors

To Reviewed: 2016