

Himbleton Church of England First School

**‘Keeping Safe’
Child Friendly Safeguarding Policy**



**Do NOT keep it
a Secret!**

We want you to feel safe and to be safe.

This booklet will help you:

- decide what could be a 'problem'
- know what to do
- know where to get help

Is someone bullying you?

Do NOT keep it a Secret!

Are they:

- making you feel uncomfortable
- deliberately hurting you by kicking, hitting, pushing or tripping you, again& again....& again
- calling you names, again.... & again.... & again
- saying nasty things about you to other people, again....& again.... & again.... & again

**Do not let the bully see you upset
Walk away and find a friend**

You **MUST** tell someone so they can help you.

At school you can tell:

a friend & go together to tell a grown up

At home you can tell:

Mum Dad Grandparent

An older sister or brother & go together to tell mum or dad

Your body is your body! THINK PANTS!

Has someone made you feel uncomfortable about how or where they have touched you?



Say "NO!"
Tell someone

You **MUST** tell someone so they can help you.

At school you can tell:

a friend & go together to tell a grown up

At home you can tell:

Mum Dad Grandparent

An older sister or brother & go together to tell mum or dad

Do you know what drugs, alcohol & cigarettes can to your body?

Do NOT keep it
a Secret!

Has someone tried to give you something you know you shouldn't have?

Do not eat, drink or smoke what they are giving you.

**Say "NO!"
Tell someone**

You **MUST** tell someone so they can help you.

At school you can tell:

a friend & go together to tell a grown up

At home you can tell:

Mum Dad Grandparent

An older sister or brother & go together to
tell mum or dad

Is someone deliberately hurting you?

Do NOT keep it a Secret!

Has someone been hurting you, again& again...& again...& again?

**Do not let the bully see you upset
Walk away and find a friend**

You **MUST** tell someone so they can help you.

At school you can tell:

a friend & go together to tell a grown up

At home you can tell:

Mum Dad Grandparent

An older sister or brother & go together to tell mum or dad

E-Safety

Do NOT keep it
a Secret!

- Have you seen anything that has upset or worried you?
- Has anyone sent you unkind messages or threatened you?
- Has someone off the internet asked you to do anything that made you feel uncomfortable?

Do not 'talk' to anyone you do not know

Tell someone as soon as possible

Watch: SID's Top Tips

www.thinkuknow.co.uk

You MUST tell someone so they can help you.

At school you can tell:

a friend & go together to tell a grown up

At home you can tell:

Mum Dad Grandparent

An older sister or brother & go together to tell mum or dad

Always remember..... **BUDDY**

Being kind

Understanding other people's feelings

Doing the best you can

Don't keep sad feelings to yourself

You have the right to be safe and happy

Do not keep it a secret!

You MUST tell someone!