

Carre's Grammar School
Winter Term Week 4
Monday 25th to Friday 29th January 2016

Name **Class**

| Monday 25th January | | Tick |
|---------------------------------------|---|-------------|
| Main | Jacket potato served with tuna mayonnaise and sweetcorn | |
| Main (V) | Jacket potato served with cheese and sweetcorn | |
| Bread | NO BREAD OPTION | |
| Dessert | Bakewell tart & custard | |
| Dessert | fruit | |

| Tuesday 26th January | | Tick |
|--|---|-------------|
| Main | Chicken korma served with rice, diced carrot | |
| Main (V) | Vegetable Korma served with rice & diced carrot | |
| Bread | Cheese panini served with diced carrots | |
| Dessert | Chocolate Krispy | |
| Dessert | Fruit | |
| Dessert | Yoghurt | |

| Wednesday 27th January | | Tick |
|--|--|-------------|
| Main | Beef casserole, roast potatoes, Yorkshire pudding. Broccoli & cauliflower | |
| Main (V) | Quorn casserole, roast potatoes, Yorkshire pudding, broccoli & cauliflower | |
| Bread | NO BREAD OPTION | |
| Dessert | Fruit sponge & custard | |
| Dessert | Fruit | |
| dessert | Yoghurt | |

| Thursday 28th January | | Tick |
|---|--|-------------|
| Main | Lincolnshire sausage, mashed potatoes ,baked beans | |
| Main (V) | Quorn fillet, stuffing, roast potatoes baked , beans | |
| Bread | Lincolnshire sausage in soft roll with baked beans | |
| Dessert | flapjack | |
| Dessert | Fruit | |
| Dessert | Yoghurt | |

| Friday 29th January | | Tick |
|---------------------------------------|--|-------------|
| Main | Breaded fish, new potatoes served with peas & sweetcorn | |
| Main (V) | Veggie fingers, new potatoes served with peas & sweetcorn | |
| Bread | Salmon fish cake in a floured bap served with peas & sweetcorn | |
| Dessert | cookie | |
| Dessert | Fruit | |
| Dessert | Yoghurt | |

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|---|---|
| Special Requirements Including any Food Allergies (NA) NOT SUITABLE FOR NUT ALLERGY | Total Meals : Cost per Meal :£2.30 Total Amount :£ |
|---|---|

Please return this form and payment by Monday 18th January, cheques payable LCC

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Please complete and detach this section and keep for your records (Parent's Copy)

| Monday | | | Tuesday | | | Wednesday | | | Thursday | | | Friday | | |
|--------|-----|-----------|---------|-----|---------|-----------|-----|-----------|----------|-----|-----------|--------|-----|-----------|
| Main | Veg | D / F / Y | Main | Veg | D F / Y | Main | Veg | D / F / Y | Main | Veg | D / F / Y | Main | Veg | D / F / Y |