

**Carre's Grammar School**  
**Winter Term week 3**  
**Monday 18<sup>th</sup> January to Friday 22<sup>nd</sup> January**

**Name** ..... **Class** .....

<b>Monday 18<sup>th</sup> Jan</b>		<b>Tick</b>
Main	Red Thai curry served with rice and sweetcorn	
Main (V)	Red Thai Quorn chicken curry served with rice and sweetcorn	
Bread	NO BREAD OPTION	
Dessert	Carrot cake & custard	
Dessert	Fruit	

<b>Tuesday 19<sup>th</sup> Jan</b>		<b>Tick</b>
Main	Roast turkey stuffing, roast potatoes, carrots & gravy	
Main (V)	Quorn fillet, stuffing, roast potatoes, carrots & gravy	
Bread	Hot turkey roll served with carrots	
Dessert	Chocolate muffin	
Dessert	Fruit	
Dessert	yoghurt	

<b>Wednesday 20<sup>st</sup> Jan</b>		<b>Tick</b>
Main	Tuna pasta in a creamy tomato sauce served with broccoli & cheese	
Main (V)	Cheesy pasta served with broccoli	
Bread	NO BREAD OPTION	
Dessert	Apple crumble & custard	
Dessert	Fruit	
Dessert	yoghurt	

<b>Thursday 21<sup>st</sup> Jan</b>		<b>Tick</b>
Main	Lasagne, new potatoes & peas	
Main (V)	Quorn lasagne, new potatoes & peas	
Bread	Mild chilli mince in a tomato sauce served in 2 taco shells with peas	
Dessert	Blueberry flapjack	
Dessert	Fruit	
Dessert	yoghurt	

<b>Friday 22<sup>nd</sup> Jan</b>		<b>Tick</b>
Main	Poached fish with parsley sauce, sauté potatoes, mixed vegetables	
Main (V)	Quorn sausage, sauté potatoes, mixed vegetables	
Bread	Lincolnshire fishcake in a roll served with mixed vegetables	
Dessert	cookie	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies <b>(NA) NOT SUITABLE FOR NUT ALLERGY</b>	<b>Total Meals :</b> <b>Cost per Meal :£2.30 KS2 only</b> <b>Total Amount :£</b>
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Please return this form and payment by Monday 11<sup>th</sup> January 2016 – cheques payable LCC

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**Please complete and detach this section and keep for your records (Parent's Copy)**

Monday			Tuesday			Wednesday			Thursday			Friday		
Main	Veg	Dessert	Main	Veg	Dessert	Main	Veg	Dessert	Main	Veg	Dessert	Main	Veg	Dessert