

## 1. CHILDNET RESOURCES AND WEBSITES



**Childnet:** Childnet International is a non-profit organisation working in partnership with others around the world to help make the internet a great and safe place for children. The Childnet website hosts all the online resources detailed below, as well as a number of recommended resources for young people, parents, carers and teachers. [www.childnet.com](http://www.childnet.com)



**Childnet resources:** On our website you can access resources on a range of topics, including our previously branded Know IT All for Parents interactive guide. The [Parents and Carers](#) area also contains key advice, information on reporting and detailed information on a range of e-safety topics in the [Hot topics](#) section. [www.childnet.com/parents-and-carers](http://www.childnet.com/parents-and-carers)



**UK Safer Internet Centre:** Childnet is part of the European Commission appointed UK Safer Internet Centre. Together with partners the **Internet Watch Foundation** and the **South West Grid for Learning**, we raise awareness about internet safety, develop information materials and resources and organise high profile events such as Safer Internet Day. You can access a range of resources from across the UK, Europe and wider afield at [www.saferinternet.org.uk/parents](http://www.saferinternet.org.uk/parents).



**Digizen:** A website providing information and advice to encourage responsible digital citizenship. It shares advice and guidance on preventing and responding to cyberbullying, including the film 'Let's Fight It Together' and specific information on social networking. [www.digizen.org](http://www.digizen.org)



**KidSMART:** This Childnet website is for children, teachers, parents and carers and offers fun activities for children alongside practical internet safety advice. Don't forget to check out our Early Surfers' Zone for 3-7 year olds where you can read the online stories 'The Adventures of Smartie the Penguin' and 'Digiduck's Big Decision', which is also available as a free app for iPads and Android tablets. [www.kidsmart.org.uk](http://www.kidsmart.org.uk)



## 2. INFORMATION AND TOOLS FOR PARENTS & CARERS



**Supporting Young People Online:** A free guide created by Childnet providing information and advice for parents and carers on supporting young people online. The advice is also available in 12 additional languages including Arabic, Hindi, Polish, Spanish, Urdu and Welsh. [www.childnet.com/resources/supporting-young-people-online](http://www.childnet.com/resources/supporting-young-people-online)



**A Parents' Guide to Technology:** The UK Safer Internet Centre has created this guide to answer commonly asked questions and introduce some of the most popular devices used by children, highlighting the safety tools available and empowering parents with the knowledge they need to support their children to use these technologies safely and responsibly. [www.saferinternet.org.uk/parent-tech](http://www.saferinternet.org.uk/parent-tech)



**Internet Parental Controls:** The four big internet providers - BT, Sky, Talk Talk and Virgin Media - provide their customers with free parental controls that can be activated at any time. Video tutorials on how to download and use these controls are available on the UK Safer Internet Centre website. [www.saferinternet.org.uk/parental-controls](http://www.saferinternet.org.uk/parental-controls)



**Safety Tools on Social Networks and Other Online Services:** Information and advice on the safety tools, age requirements and terms and conditions for a variety of online services popular with young people. [www.saferinternet.org.uk/safety-tools](http://www.saferinternet.org.uk/safety-tools)

## 3. SOCIAL NETWORKING



**Young People & Social Networking Sites:** Aims to help parents understand the positive and creative ways young people are using social networking spaces (e.g. Facebook, Twitter and Instagram). It also points out the potential risks of using these sites and ways to minimise these risks. [www.childnet.com/sns](http://www.childnet.com/sns)



**Facebook Checklist:** A free guide produced by the UK Safer Internet Centre that contains detailed instructions and information on privacy and account settings on Facebook. [www.childnet.com/facebook-check](http://www.childnet.com/facebook-check)

## 4. MOBILE PHONES



**PhoneBrain:** A site created by PhonepayPlus to educate young people and parents about phone-paid services such as calls and texts to premium rate numbers and in-app purchases. [www.phonebrain.org.uk](http://www.phonebrain.org.uk)

## 5. ONLINE GAMING



**Online Gaming:** Childnet's guide contains helpful advice and information on supporting children and young people playing games online.

[www.childnet.com/online-gaming](http://www.childnet.com/online-gaming)



**Ask About Games:** Information and advice for parents and gamers about the PEGI age rating system for video games and how to play games responsibly.

[www.askaboutgames.com](http://www.askaboutgames.com)

## 6. FILE SHARING & DOWNLOADING



**Music, Film, TV and the Internet:** Childnet has developed this guide with the music, film and television industries to inform parents, teachers and young people about how to stay safe and legal when enjoying entertainment on the internet or via a mobile device. [www.childnet.com/downloading](http://www.childnet.com/downloading)



**The Content Map:** A UK based website created by industry representatives to help teachers, parents and other consumers know which sites are legal for streaming and downloading films, tv, ebooks, music, games and sports broadcasts. [www.thecontentmap.com](http://www.thecontentmap.com)

## 7. OTHER USEFUL SITES FOR PARENTS & CARERS



**Common Sense Media:** A US non-profit organisation that provides independent reviews, age ratings and other information about all types of media for families and children. [www.commonsensemedia.org](http://www.commonsensemedia.org)



**Digital Parenting:** The Digital Parenting website and magazines, created by Vodafone and The Parent Zone, offer parents information and advice about the latest digital technologies and the challenges young people might face in their digital world. [www.vodafone.com/content/parents](http://www.vodafone.com/content/parents)



**Internet Matters:** Launched by the four major UK internet service providers (BT, Sky, TalkTalk and Virgin Media), Internet Matters is an independent, not-for-profit organisation that provides information and advice on online issues and technologies to help parents keep their children safe online.

[www.internetmatters.org](http://www.internetmatters.org)

## 8. WHERE TO GET HELP & ADVICE



**Need help?** Information about what to do if a child comes to you for help and advice about how to report online concerns such as cyberbullying, inappropriate content or illegal behaviour.

[www.childnet.com/parents-help](http://www.childnet.com/parents-help)



**NSPCC:** If you have concerns about the safety of a child then contact the NSPCC helpline on **0808 800 5000** or email [help@nspcc.org.uk](mailto:help@nspcc.org.uk).

Children can talk to someone for advice and support at any time by contacting

**ChildLine** on **0800 1111** or chatting to a counsellor online at [www.childline.org.uk](http://www.childline.org.uk)



**Family Lives:** A national family support charity providing help and support in all aspects of family life. Useful advice and information is available online at [www.familylives.org.uk](http://www.familylives.org.uk) and they provide a free confidential helpline on **0808 800 2222**.

## 9. WHERE TO REPORT



**Child Exploitation and Online Protection (CEOP):** A police agency tackling child abuse on the internet. This website includes a unique facility that enables parents and young people to make reports of actual or attempted abuse online. [www.ceop.police.uk](http://www.ceop.police.uk)

CEOP's **Think U Know** website contains information for children and parents, as well as a link for children to report abuse online. [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)



**Internet Watch Foundation:** Part of the UK Safer Internet Centre, the IWF is the UK's hotline for reporting illegal content found on the internet. It deals specifically with child abuse and criminally obscene images hosted in the UK and internationally.

[www.iwf.org.uk](http://www.iwf.org.uk)



**ParentPort:** A website run by the UK's media regulators, allowing you to report content unsuitable for children found in a programme, advert, film, video game, newspaper/magazine or other forms of media.

[www.parentport.org.uk](http://www.parentport.org.uk)

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