

Long Term PE Plan

| | <u>Autumn 1</u> | <u>Autumn 2</u> | <u>Spring 1</u> | <u>Spring 2</u> | <u>Summer 1</u> | <u>Summer 2</u> |
|------------------|--|--|--------------------|---------------------------------------|--------------------------------|---|
| <u>Reception</u> | Introduction to P.E Movement | Movement | Gymnastics / Dance | Games - Racquets & Sticks | Running, Jumping & Throwing | Bat & Ball - Striking, Catching & Fielding |
| <u>Year 1</u> | Movement / OAA (Teamwork skills) | Movement | Gymnastics / Dance | Games - Racquets & Sticks | Running, Jumping & Throwing | Bat & Ball - Striking, Catching & Fielding |
| <u>Year 2</u> | Movement / OAA (Teamwork skills) | Movement | Gymnastics / Dance | Games - Racquets & Sticks | Running, Jumping & Throwing | Bat & Ball - Striking, Catching & Fielding |
| <u>Year 3</u> | OAA (Teamwork skills) | Games -Basketball | Gymnastics / Dance | Games - Hockey | Athletics | Bat & Ball - Cricket |
| <u>Year 4</u> | OAA (Teamwork skills) | Games / Tactics - Basketball | Gymnastics / Dance | Games - Hockey | Athletics | Bat & Ball - Cricket |
| <u>Year 5</u> | Games / Tactics – Dodgeball | Games / Tactics – Benchball and basketball | Gymnastics / Dance | Cricket and Swimming | Athletics and Swimming | Rounders and Swimming |
| <u>Year 6</u> | OAA (Teamwork skills) | Games / Tactics - Netball | Gymnastics / Dance | Games / Tactics - Handball | Athletics | Bat & Ball - Rounders |