


What is Forest School?

Forest School has developed from the Scandinavian education system, and is about children and young people building self esteem and independence through exploring and experiencing the natural world. Forest Schools is delivered by qualified practitioners within a natural environment, and not necessarily a forest.

The ethos of Forest Schools allows learners the time and space to develop skills, interests and understanding, through practical, hands-on experiences in the outdoors.

www.forestschools.com/



Where will Forest School activities happen?

At Ramsey Manor Lower School, all Forest School sessions will happen within the school grounds. We are very fortunate to have a small woodland area with mature trees, which is ideal for Forest School activities.

Ramsey Manor Lower School

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Committed to safeguarding children and providing a safe, secure and healthy environment for them



RAMSEY MANOR LOWER SCHOOL

delivering

FOREST SCHOOL EDUCATION



Health & Safety

The health and safety of all participants is central to everything done within a Forest School programme.

All Forest School Leaders are qualified through nationally recognised and accredited training.

Forest School Leaders are fully trained in risk assessment and emergency outdoor first aid.



Every Forest School will have:

a Health & Safety Policy

a seasonally and daily risk assessed site

risk assessments for activities

first aid and emergency equipment



Some of the activities in which the children may participate are 'higher risk', such as campfire cooking or tool use. These activities are not available to the children until certain behaviours and boundaries are established. Children are encouraged and supported in recognising and managing risk for themselves, through real life situations and experiences.

A GUIDE FOR PARENTS



What will my child be doing?

Forest School activities continue in all seasons and all weathers, and children need to be dressed appropriately:

- taking part in team building activities
- discovering mini-beasts, flora and fauna
- using tools safely
- using a variety of natural materials to create two and three dimensional art



How will my child benefit from participating in Forest School activities?

- develop social skills; communicating and negotiating with peers and adults to solve problems and share experiences
- increase health and fitness; being active in an outdoor natural environment
- have opportunities to develop fine and gross motor skills and coordination
- increase emotional well being
- develop an appreciation of our natural environment, and responsibility for looking after our school grounds
- gain knowledge and understanding by multi-sensory and real life learning, with links to all areas of the National Curriculum