

Carre's Grammar School  
Winter Term week 6  
Monday 8<sup>th</sup> February to Friday 12<sup>th</sup> February

Name ..... Class .....

| Monday 8 <sup>th</sup> Feb |  | Tick |
|----------------------------|--|------|
| Main                       | Red Thai chicken curry served with rice and sweetcorn                    |      |
| Main (V)                   | Roasted vegetables in a creamy tomato sauce served with rice & sweetcorn |      |
| Bread                      | NO BREAD OPTION  |      |
| Dessert                    | Toffee sponge & custard  |      |
| Dessert                    | Fruit  |      |

| Tuesday 9 <sup>th</sup> Feb |  | Tick |
|-----------------------------|--|------|
| Main                        | Roast turkey stuffing, roast potatoes, carrots & gravy |      |
| Main (V)                    | Nut roast, stuffing, roast potatoes, carrots & gravy   |      |
| Bread                       | Hot turkey roll served with carrots                    |      |
| Dessert                     | Pancake with strawberry sauce                          |      |
| Dessert                     | Fruit  |      |
| Dessert                     | yoghurt  |      |

| Wednesday 10 <sup>th</sup> Feb |   | Tick |
|--------------------------------|---|------|
| Main                           | Tuna pasta in a creamy tomato sauce served with broccoli & cheese |      |
| Main (V)                       | Cheesy pasta served with broccoli                                 |      |
| Bread                          | NO BREAD OPTION   |      |
| Dessert                        | Ginger sponge & custard   |      |
| Dessert                        | Fruit   |      |
| Dessert                        | yoghurt   |      |

| Thursday 11 <sup>th</sup> Feb |   | Tick |
|-------------------------------|---|------|
| Main                          | Lasagne, garlic bread & peas  |      |
| Main (V)                      | Quorn lasagne, garlic bread & peas                                    |      |
| Bread                         | Mild chilli mince in a tomato sauce served in 2 taco shells with peas |      |
| Dessert                       | flapjack  |      |
| Dessert                       | Fruit   |      |
| Dessert                       | yoghurt   |      |

| Friday 12 <sup>th</sup> Feb |   | Tick |
|-----------------------------|---|------|
| Main                        | Poached fish with parsley sauce, sauté potatoes, mixed vegetables |      |
| Main (V)                    | Stuffed pepper, sauté potatoes, mixed vegetables                  |      |
| Bread                       | Lincolnshire fishcake in a roll served with mixed vegetables      |      |
| Dessert                     | cookie  |      |
| Dessert                     | Fruit   |      |
| Dessert                     | yoghurt   |      |

|   |   |
|---|---|
| Special Requirements Including any Food Allergies<br><b>(NA) NOT SUITABLE FOR NUT ALLERGY</b> | <b>Total Meals :</b><br><b>Cost per Meal :£2.30</b><br><b>Total Amount :£</b> |
|---|---|

Please return this form and payment by Monday 1<sup>st</sup> February 2016 – cheques payable LCC

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**Please complete and detach this section and keep for your records (Parent's Copy)**

| Monday |     |               | Tuesday |     |               | Wednesday |     |               | Thursday |     |               | Friday |     |               |
|--------|-----|---------------|---------|-----|---------------|-----------|-----|---------------|----------|-----|---------------|--------|-----|---------------|
| Main   | Veg | Dessert Fruit | Main    | Veg | Dessert Fruit | Main      | Veg | Dessert Fruit | Main     | Veg | Dessert Fruit | Main   | Veg | Dessert Fruit |