

Men's Room

A new course
just for men

Starts:
Fri 17th April
Fri 22nd May
Fri 26th June
Get in touch
to find out
more!



**LEARN NEW SKILLS • TRY NEW THINGS • VOLUNTEER
GET SUPPORT • MEET NEW PEOPLE • HAVE FUN!**

This is a six week programme in a friendly, supportive environment to help you think about your next steps:

Applying for jobs, getting involved in your community or simply learning new skills.

WE CAN HELP YOU ACHIEVE YOUR GOALS!

Fridays 10.30am - 12.30pm

LS14
TRUST

SPACE2

PROJECT

The Digital Lounge,
45 Ramshead Hill, Seacroft LS14 1BT
Web: www.ls14trust.org
Tel: (0113) 3180 522

INVESTORS
IN PEOPLE

Leeds
CITY COUNCIL

Leeds
Community
Foundation





LS14
TRUST

SPACE2

PROJECT

DO YOU HAVE GREEN FINGERS OR FANCY
YOURSELF AS A BIT OF A MASTER CHEF?
OR MAYBE YOU HAVE GROWN OR COOKED
NOTHING IN YOUR LIFE?

EITHER WAY YOU ARE INVITED TO JOIN
FORK TO FORK!

We're looking for local people to help us build a community garden,
here, in Seacroft.

And with the produce we grow, we'll be able to offer
cookery lessons too.

So if you're in to food and want to get involved in your
neighbourhood get in touch or drop-in.

Wednesdays 10.30am – 12.30pm at Digital Lounge

A range of taster workshops will be taking place.

Come along and give it a go.

For more information call 0113 318 0522

Digital Lounge 45 Ramshead Hill, Leeds
West Yorkshire LS14 1BT

ASDA FOUNDATION
'Transforming Communities, Improving Lives'

