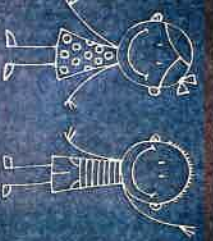


4-Week School Dinner Menu



child's name:

class:

Please tick boxes below next to your choice.

Monday

Tuesday

Wednesday

Thursday

Friday

W/c 8 FEB 2016

Cheese & Tomato Pasta Bake
OR
Homemade Pepperoni Pizza
Served with
Freshly Prepared Garden Salad & Potato Wedges
And for pudding...
Fruit crumble with custard
OR Yoghurt

Baked Sausages & Mash
OR
Meat-free Sausage & Mash
Served with
Rich Gravy and Garden Peas
And for pudding...
Sticky Toffee Pudding
OR Fresh Fruit Salad

Chicken Curry with Rice
OR
Jacket Potato with Cheese & Beans
Served with
Fresh Side Salad
And for pudding...
Apple Sponge with custard
OR Fresh Fruit Jelly Pot

Roast Beef and Roast Potatoes
OR
Cheese Pasta
Served with
Seasonal Fresh Vegetables and Gravy
And for pudding...
Strawberry Mousse
OR Fruit Yoghurt

Traditional Fish & Chips
OR
Jacket Potato with Cheese & Beans
Served with
Peas
And for pudding...
Homemade Shortbread
OR Fresh Fruit Salad Pot

W/c 22 FEB 2016

Beef Bolognese
OR
Vegetable Bolognese
Served with
Spaghetti, Garlic Bread & Side Salad
And for pudding...
Cookie
OR Fresh Fruit Pot

Sweet & Sour Chicken with Rice
OR
Veggie Pizza Topped with Mushrooms, Red Onion & Mozzarella
Served with
Mixed leaf salad & Garlic Bread
And for pudding...
Bread & Butter Pudding
OR Yoghurt

Beef Lasagne
OR
Jacket Potato with Cheese & Beans
Served with
Mediterranean Salad (Olives, Peppers & Tomatoes)
And for pudding...
Chocolate & Orange Brownie
OR Fresh Fruit Pot

Roast Chicken
OR
Cheese & Potato Pie
Served with
Roast Potatoes, Seasonal Vegetables and Rich Gravy
And for pudding...
Chocolate Mousse
OR Yoghurt

Fish Fingers & Potato Wedges
OR
Jacket Potato with Cheese & Beans
Served with
Steamed Broccoli
And for pudding...
Krispie cake
OR Fresh Fruit Salad Pot

W/c 29 FEB 2016

Chicken & Sweetcorn Pasta Bake
OR
Broccoli & Cheese Pasta Bake
Served with
Garden Salad
And for pudding...
Apple crumble
OR Yoghurt

Cottage Pie & Vegetables
OR
Vegetable Soup
Served with
A Crispy Baguette
And for pudding...
Chocolate Brownie
OR Fresh Fruit Salad Pot

Beef Bolognese
OR
Vegetable Bolognese
Served with
Spaghetti, Garlic Bread & Side Salad
And for pudding...
Rice Pudding
OR Yoghurt

Roast Pork, Roast Potatoes & Gravy
OR
Vegetable Lasagne
Served with
Local Vegetables or Salad
And for pudding...
Chocolate Mousse
OR Fresh Fruit Salad Pot

Chicken Nuggets & Potato Wedges
OR
Jacket Potato with Cheese & Beans
Served with
Salad / Peas
And for pudding...
Swiss Roll
OR Fruit Yoghurt

W/c 7 MARCH 2016

Chicken & Vegetable Hot Pot
OR
Quorn Sausage & Vegetable Hot Pot
Served with
Mashed Potato
And for pudding...
Homemade Cookie
OR Fresh Fruit Pot

Gammon & Parsley Sauce
OR
Macaroni Cheese
Served with
Freshly Prepared Garden Salad / Peas & New Potatoes
And for pudding...
Chocolate Sponge & Chocolate Sauce
OR Yoghurt

Beef Curry with Rice
OR
Jacket Potato with Cheese & Beans
Served with
Fresh Garden Salad
And for pudding...
Strawberry Mousse
OR Apple & Berry Crumble & Custard

Roast Turkey Crown
OR
Vegetables Pie with Pastry Lid
Served with
Fresh Seasonal Vegetables & Roast Potatoes
And for pudding...
Rice Pudding & Jam
OR Yoghurt

Fish Fingers & Potato Wedges
OR
Jacket Potato with Cheese & Beans
Served with
Steamed Broccoli
And for pudding...
Lemon Sponge & Custard
OR Fresh Fruit Salad Pot