

Personal, Social Health and Economic Education (PSHE)



Personal, Social, Health and Economic (PSHE) education plays a vital part of children's learning and development. PSHE supports children in many ways, including; understanding their emotions, becoming confident and independent, growing as individuals, accepting differences, appreciating and recognising their talents.



PSHE takes place during carefully planned, weekly sessions in classes. Circle time, stories, games and drama are some of the varied activities that take place in PSHE. We now follow the Jigsaw project, which is a series of lessons teaching children PSHE and also helping them in developing strategies to feel calm and be mindful of their own behaviours. We are also using the Taking Care project to support children in learning about protective

behaviours and their own personal safety. A great deal of PSHE occurs in every part of school life through the values that we have at the Inspire Education Trust.

In addition, we have a School Council who plays an important part in ensuring that the pupils' opinions are listened too. The children work together to plan fundraising and other school events, take on board ideas from their peers and represent the school for significant events. We participate in many National events including Anti-Bullying Week, Children in Need, Comic Relief, Samaritans Shoeboxes and the Macmillan Coffee Day.

**COMIC
RELIEF**



Sex and Relationship Education (SRE)

We are currently in the process of updating our Sex and Relationship Education policy which affects children in Key Stage Two only. It is our hope that we can meet with a variety of parents and carers to review our current approach (in line with the Jigsaw programme) to make it more appropriate and meaningful for the children at Clifford Bridge Academy. Please let us know if you would be interested in joining our working party or would like to contribute to the development of this policy.