

Carres Grammar School
Week 2
18th April – 22nd April 2016

Spring / summer

Name **Class/Year**

Monday 18th April		Tick
Main	Sweet & sour chicken, rice served with peas	
Main (V)	Tomato & basil roasted vegetables, rice served with peas	
Bread	cheese roll With Peas	
Dessert	Gingerbread person	
Dessert	Fruit	
Dessert	yoghurt	

Tuesday 19th April		Tick
Main	Sliced turkey, jacket potato, homemade coleslaw served with salad	
Main (V)	Jacket potato, cheese homemade coleslaw served with salad	
Bread	Turkey wrap With Salad	
Dessert	Jam roly poly and custard	
Dessert	Fruit	
Dessert	yoghurt	

Wednesday 20th April		Tick
Main	Quesadilla (wrap) filled with ham pesto, cheese, peppers served with stir fried vegetables	
Main (V)	Quesadilla (wrap) filed with pesto, cheese, peppers served with stir fried vegetables	
Bread	Ham Wrap With Stir Fry Vegetables	
Dessert	Chocolate brownie	
Dessert	Fruit	
Dessert	yoghurt	

Thursday 21st April		Tick
Main	Sausage, Yorkshire pudding, mash potato served with carrots and gravy	
Main (V)	Quorn sausage, mash potato served with carrots and gravy	
Bread	No Bread Option	
Dessert	Waffles and strawberry sauce	
Dessert	Fruit	
Dessert	yoghurt	

Friday 22nd April		Tick
Main	Fish pie served with mixed vegetables	
Main (V)	Vegetable nuggets, sauté potatoes served with mixed vegetables	
Bread	Tuna mayonnaise Baguette With Mixed Vegetables	
Dessert	Toffee whip served with a wafer curl	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.30 Total Amount :£
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Please return this form and payment by Tuesday 12th April – cheques payable LCC

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Please complete and detach this section and keep for your records (Parent's Copy)

Monday	Tuesday	Wednesday	Thursday	Friday
M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y