

Carre's Grammar School
Week 1
12th April – 15th April 2016

Spring / summer

Name **Class/Year**

| Monday | | Tick |
|---------------|--|-------------|
| Main | | |
| Main (V) | | |
| Bread | | |
| Dessert | | |
| Dessert | | |
| Dessert | | |

| Tuesday 12th April | | Tick |
|--------------------------------------|---|-------------|
| Main | Chicken korma, rice served with diced carrots | |
| Main (V) | Vegetable korma, rice served with diced carrots | |
| Bread | Ham wrap With Carrot Sticks | |
| Dessert | Crackers, laughing cow cheese and grapes | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| Wednesday 13th April | | Tick |
|--|---|-------------|
| Main | Creamy tomato pasta served with broccoli and sprinkled with cheese and garlic bread | |
| Main (V) | Cheesy pasta served with broccoli and garlic bread | |
| Bread | No Bread Option | |
| Dessert | Frozen strawberry yoghurt served with a wafer curl | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| Thursday 14th April | | Tick |
|---------------------------------------|---|-------------|
| Main | Roast turkey, roast potatoes, stuffing served with mixed vegetables and gravy | |
| Main (V) | Nut roast, roast potatoes, stuffing served with mixed vegetables and gravy | |
| Bread | Turkey Baguette With Mixed Vegetables | |
| Dessert | Homemade cookie | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| Friday 15th April | | Tick |
|-------------------------------------|--|-------------|
| Main | Fish cake, sauté potatoes served with baked beans | |
| Main (V) | Cheese & tomato puff, sauté potatoes served with baked beans | |
| Bread | Tuna mayonnaise roll, fruit, yoghurt, cookie or cake | |
| Dessert | Jelly & ice cream | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| | |
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| Special Requirements Including any Food Allergies | Total Meals : Cost per Meal :£2.30 Total Amount :£ |
|---|---|

Please return this form and payment by Monday 21st March – cheques payable LCC

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Please complete and detach this section and keep for your records (Parent's Copy)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| M _{ain} V _{eg} D/ F/ Y | M _{ain} V _{eg} D/ F/ Y | M _{ain} V _{eg} D/ F/ Y | M _{ain} V _{eg} D/ F/ Y | M _{ain} V _{eg} D/ F/ Y |