

| | | Autumn Term 1 | Autumn Term 2 | Spring Term 1 | Spring Term 2 | Summer Term 1 | Summer Term 2 |
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| Year 1 Year 3 Year 5 | PSHE/CIT/ SEAL Topic | WE'RE ALL STARS! <ul style="list-style-type: none"> • Community • Rights and responsibilities • Getting to know each other • Working together | BE FRIENDLY, BE WISE <ul style="list-style-type: none"> • Making and sustaining friendships • Conflict resolution • Anti-bullying • Keeping safe at home and outdoors | LIVING LONG, LIVING STRONG <ul style="list-style-type: none"> • SRE: Growing & caring for ourselves; Valuing difference & keeping safe; Puberty • Healthy eating and exercise • Goal-setting and motivation | DARING TO BE DIFFERENT <ul style="list-style-type: none"> • Identity and self esteem • Difference and diversity • Peer influence and assertiveness | DEAR DIARY <ul style="list-style-type: none"> • Comfortable and uncomfortable feelings • Problems in relationships • Anti-bullying • Help and support | JOINING IN AND JOINING UP <ul style="list-style-type: none"> • Needs and responsibilities • Participation • Local democracy • Voluntary groups • Fund-raising activities |
| Year 2 Year 4 Year 6 | PSHE/CIT/ SEAL Topic | IT'S OUR WORLD <ul style="list-style-type: none"> • The wider community and local democracy • Rights and responsibilities • Environmental awareness and sustainability issues | SAY NO! <ul style="list-style-type: none"> • Drugs Education: medicines and legal drugs • Drugs Education: illegal drugs and risk-taking behaviour • Feeling safe • Anti-bullying | MONEY MATTERS <ul style="list-style-type: none"> • Understanding finance and money • Shopping and budgeting • Risk and debt • Goal-setting and motivation | WHO LIKES CHOCOLATE? <ul style="list-style-type: none"> • Fair trade • Globalisation • Inequalities • Hunger and poverty • Media and stereotyping | PEOPLE AROUND US <ul style="list-style-type: none"> • Global citizenship • Different identities around the world • Challenging prejudice • Support networks - relationships and families | GROWING UP <ul style="list-style-type: none"> • SRE: Differences; Growing up; Puberty & reproduction • Managing change • Preparing for transition |