



Barnabas Oley School

Physical Activity Policy

Version: 2.1

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Approved: J Hodges(Curriculum Chair)

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Revision History

Version	Author	Summary	Review Date	Next Review
1.0	C Jarvis		Jun 2008	Jun 2011
2.0	E McLaughlin		Feb 2013	Feb 2016
2.1	J Hodges	Minor updates	Mar 2016	Feb 2019

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1 Introduction

Barnabas Oley School is committed to promoting the health and well-being of its pupils and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at Barnabas Oley School.

The policy was formulated through consultation with members of staff, governors, parents and pupils.

2 Ethos & Environment

Barnabas Oley School strives to maximize opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum through PE lessons and active playtimes, environment through use of local woodlands and fields and the wider community who assist in school events, e.g. the Muddy Fun Run, Gorm and Gormless (Gransden Off-road Marathon and half marathon).

3 Physical Activity Policy Coordinator

The school physical activity policy and strategy coordinator is Miss Jarvis, PE co-ordinator.

4 Physical Activity Aims & Objectives

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well-being of pupils, staff and visitors.

Our specific objectives are as follows:

- To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes. This will be done through PE lessons which incorporate the benefits of maintaining a physical life style.
- To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day.
- To increase physical activity levels of pupils in line with national targets by providing as many opportunities as possible, training active play leaders, making resources available, encouraging pupils to commit to participating in clubs etc.

5 Equal Opportunities

All physical activity opportunities offered at Barnabas Oley School are designed to be inclusive, and cater for different ability levels.

6 Resource Provision

Barnabas Oley School has a school hall, which is equipped with portable and fixed apparatus for gymnastics and a music centre to support the teaching of dance. For the teaching of games, there is a large playground, with markings and use of the village field. We are also very fortunate to have our own swimming pool which allows the pupils to swim regularly from the reception class through to year 6. An annual audit of all physical education

equipment is conducted by an outside agency to check it is fit for purpose. Resources for games, dance and outdoor activities can be found in the shed, and planning resources can be found in the Staff room on the shelves.

7 Staff Responsibility & Development

Primary Link Teacher / Schools Sports Coordinator: Miss Jarvis

School Travel Plan Coordinator: Mrs Smith and Mrs Whinney

Staff are encouraged to attend courses offered by the county and by the TOPS programme. Our partnership with South Cambs School Sports Partnership (South Cambs SSP) has widened the school's relationships with external agencies. As a result, local coaches often come into school and work alongside teachers.

8 Curriculum Provision

The PE programme is taught by class teachers, including swimming.

Each child will receive the following ACTIVE PE time per week:

Foundation Stage: 60 mins x 2 lessons, 30 mins swimming in the summer term and 20 mins per day of active play activities.

Year 1 and 2: 60 minutes x 2 lessons, 30 minutes swimming in the summer term.

Year 3 and 4: 60 minutes x 2 lessons. 30 minutes swimming in the summer term.

Year 5 and 6: 60 minutes x 2 lessons. 30 minutes swimming in the summer term.

9 Extra Curricular Provision

9.1 Break times / lunch times

We have recently increased the markings to the playground in order to stimulate children at playtimes. Children are encouraged to throw and catch at play. Play leaders help to organise the playground equipment to play with at lunchtimes. The children are responsible for monitoring their equipment (stored in a box) and handing equipment out. In addition, children are encouraged to use the field at lunchtime when the weather permits.

9.2 After school clubs

We aim to encourage KS2 pupils to take part in a range of clubs, and involve them in deciding the clubs we put on offer. Registers of clubs are kept to ensure security and check who is attending so that children can be encouraged to do so if staff think a particular club would benefit a particular child. Football clubs are put on at lunchtimes to help prepare children for competitions. A range of other clubs have also been offered; these may include netball, sensory circuits (early morning club), football, running and multi sports.

9.3 Competition

Pupils take place in a range of intra-school and inter-school competitions organised through the School Sport Partnership and between local schools. These include; cross country, football, netball and cricket.

9.4 School trips

In year 5 or 6 the children attend a residential trip to Grafham Water and/or Bushcraft, during which they experience a range of activities including; sailing, rock climbing, orienteering, high wires.

10 Active Travel

Please refer to the School Travel Plan for details of how we promote travel to school. We also take part in Walk to School Week annually.

11 Community Partners / Links

The school is part of the South Cambs SSP. We have also established links with a number of local clubs including. St Neots Table Tennis club, Gransden football club and Gransden tennis club. There are also a wide range of clubs that our children attend with their parents including Huntingdon Gym, Abbotsley Golf Club, swimming and dancing lessons in a variety of local venues. The PE coordinator has visited a range of these in order to be able to suggest them to parents who are interested in finding a new activity for their child.

12 Health & Safety

Please refer to the school's health and safety policy and risk assessment file.

Use of any external personnel including sports coaches and volunteers will be in line with the schools policy on DBS/staffing checks.

13 Monitoring & Evaluation

The physical activity policy coordinator will have lead responsibility for the monitoring of physical activity in the school. A range of measures will be used to evaluate impact of the policy in line with the above mentioned objectives including participation data collected as part of the PE, School Sport and Club Links (PESSCL) strategy requirement.