

## Trentham 10k Results ~ 19th July 2015

Pos	Race No	Name	Surname	Cat	Club	NSRRA	Time
1	1	David	Liescomb	M	unattached		34.36
2	186	Gary	Castrey	M45	unattached		38.07
3	165	Scott	Zikmanis	M	Trentham Running Club	55	38.13
4	106	Ian	Cawley	M	Trentham Running Club		38.17
5	105	Adam	James	M	unattached		38.50
6	145	Mick	Haire	M50	Boalloy RC	129	39.04
7	153	Joshua	Daley	M	unattached		39.26
8	75	Tony	Wardall	M45	South Cheshire Harriers	663	40.00
9	154	Mike	Hibbert	M45	unattached		40.54
10	141	Harry	Porter	M40	Boalloy RC	11	40.56
11	158	Daniel	Gill	M	South Cheshire Harriers		41.18
12	113	Maurice	Oldham	M60	Manchester Harriers	428	41.24
13	148	Paul	Burslem	M50	Trentham Running Club	255	41.54
14	169	Nick	Dunning	M45	South Cheshire Harriers	106	42.11
15	119	David	Ratcliffe	M40	unattached		42.26
16	67	Peter	Richardson	M	Shrewsbury Rovers		43.27
17	101	Charmaine	Wood	F35	Congleton Harriers		43.31
18	171	Spencer	Holland	M45	Stafford Harriers		43.35
19	108	Wendy	Swift	F40	Staffs Moorlands AC	395L	43.37
20	161	Matthew	Berrisford	M40	unattached		43.57
21	58	Michael	Drury	M	unattached		44.05
22	95	Luke	Shepherd	M	unattached		44.07
23	166	Dominic	Haigh	M	Stone Master Marathoners		44.09
24	97	Helen	Thompstone	F	unattached		44.38
25	182	Craig	Williams	M	South Cheshire Harriers		44.48
26	185	Russell	Williams	M50	Cheadle RC	201	44.51
27	137	Robert	Brown	M45	South Cheshire Harriers	622	45.13
28	177	Lynne	Callaghan	F40	Trentham Running Club		45.26
29	40	Martin	Forster	M40	unattached		45.29
30	63	Shane	Finney	M40	South Cheshire Harriers		45.40
31	180	Andy	Christian	M50	Sneyd Striders		45.48
32	81	Sarah	Taylor	F45	Trentham	691	45.51
33	50	Andrew	Lee	M50	unattached		45.56
34	117	Colin	Rutland	M55	unattached		46.04
35	172	Kenneth	Bloor	M50	Trentham Running Club	562	46.14
36	184	Michael	Painter	M	unattached		46.16
37	147	Warren	Thomas	M40	Trentham Running Club		46.18
38	163	Tony	Marrs	M55	Sytri		46.19
39	6	Jo	Moss	F40	Congleton Harriers		46.22
40	143	Lee	Jones	M45	Trentham Running Club	62	46.30
41	4	Nigel	Woodward	M45	unattached		46.31
42	155	Christine	Kilkenny	F60	Cannock & Stafford AC	163	46.41
43	76	Chris	Wood	M40	unattached		46.44
44	102	Terry	Bradbury	M45	unattached		46.54
45	73	John	Wheeler	M45	unattached		46.57
46	159	Michael	Perry	M55	unattached		47.08
47	162	Tom	Haines	M40	unattached		47.11

48	118	Emily	Saunders	F	unattached		47.20
49	114	Chris	Abrahams	M	South Derby runners		47.25
50	152	Martin	Brammer	M	unattached		47.40
51	88	Sarah	Macleman	F35	unattached		47.55
52	142	Michael	Connolly	M45	Stoke Fit		48.04
53	91	Chris	Skellern	F50	Stafford Harriers	549L	48.13
54	125	Cathy	Ayton	F	Ilkeston Running Club		48.19
55	78	Chris	Smith	M	unattached		48.26
56	72	David	Ball	M	unattached		48.43
57	30	Gary	Jones	M45	Michelin	553	48.45
58	71	Tom	Mayell	M	Sandbach Striders		48.52
59	112	Richard	Marland	M65	NSRR	385	48.57
60	69	Richard	Bryans	M40	unattached		49.06
61	170	Michael	Whiteside	M65	Tattenhall Runners		49.17
62	14	Jim	Kelleher	M50	South Cheshire		49.29
63	127	Malcom	Moore	M60	South Derby runners		49.41
64	37	Paul	Birdsall	M40	Congleton Harriers		50.10
65	42	Emilio	D Avola	M	unattached		50.18
66	82	Victoria	Hughes	F40	Cheadle RC		50.27
67	160	Matthew	Stanlake	M	Newcastle (Staffs) AC		50.29
68	64	Robert	Trussel	M50	Michelin AC		50.38
69	178	Gail	Clayton	F55	Shropshire Shufflers		50.52
70	140	David	Pullin	M	Trentham Running Club		51.05
71	68	Ben	Scoble	M	unattached		51.18
72	16	Sarah	Brassington	F40	unattached		51.49
73	188	Andy	Cowden	M50	Bere Alston Trekkers		51.49
74	179	Kate	Christian	F50	Sneyd Striders		52.09
75	181	Ian	Maulin	M40	Sneyd Striders		52.09
76	174	Duncan	Clarke	M	Ilkeston Running Club		52.14
77	57	Carl	Stakes	M40	unattached		52.21
78	79	Alan	Bourne	M45	unattached		52.26
79	45	Stuart	Baddeley	M40	unattached		52.39
80	77	Liz	Wood	F35	unattached		52.43
81	2	Joseph	Connor	M	Bramhall Runners		52.43
82	15	Michael	Horton	M65	NSRRA	21	53.09
83	93	Darren	Ball	M	unattached		53.13
84	87	Will	Mansell	M	unattached		53.21
85	85	Julie	Clewlou	F45	Stoke Fit		53.45
86	151	Nigel	Lee	M60	Newcastle (Staffs) AC	479	53.53
87	23	Christian	Kent	M40	unattached		54.09
88	54	Amanda	Millward	F	Stoke Fit		54.10
89	3	Ken	Wilson	M	Stoke Fit		54.16
90	62	Paul	Measures	M50	unattached		54.22
91	48	Anthony	Campanelle	M	unattached		54.32
92	173	Bridget	Riley	F	unattached		54.38
93	89	Peter	Manifold	M40	unattached		54.56
94	100	Neil	Chadwick	M	unattached		55.14
95	65	Simon	Clarke	M45	unattached		55.16
96	90	Nici	Copestake	F50	unattached		55.22
97	133	Sarah	Lockett	F	Stoke Fit		55.25

98	132	Dan	Harmer	M	Stoke Fit		55.25
99	92	Paul	Calnan	M55	unattached		55.36
100	121	Emma Jane	Clay	F35	Stone Master Marathoners		55.38
101	134	Rachel	Carless	F40	unattached		56.00
102	84	Matthew	Evans	M	unattached		56.01
103	34	Sarah	Nutter	F35	Cheadle RC		56.04
104	164	Guy Thomas	Forrest-Hay	M45	Trentham Running Club		56.09
105	60	Tom	McDowall	M45	unattached		56.10
106	12	Paul	Reeves	M50	unattached		56.11
107	104	Diane	Mason	F50	South Cheshire Harriers		56.36
108	124	Belinda	Riley	F55	Newcastle AC	138	56.58
109	7	Natalie	Bailey	F35	South Cheshire	248	56.59
110	103	Phil	Cliff	M50	South Cheshire Harriers	170	56.59
111	183	Debs	Clarke	F45	unattached		57.06
112	187	Jenny	Gibbs	F35	unattached		57.28
113	17	Gail	Evans	F45	Stone Master Marathoners	646	57.35
114	131	Alf	Slater	M65	NSRRA	480	57.35
115	146	Jen	Riley	F	Trentham Running Club	675	58.25
116	156	Emma	Naden	F45	South Cheshire Harriers	631	58.49
117	29	John	Holmes	M60	NSRRA	495	59.04
118	111	Colin	Pheasant	M60	Chase Harriers	382	59.29
119	86	Jennifer	Loughhead	F55	unattached		60.16
120	150	Trevor	Goodwin	M75	NSRRA	380	60.45
121	109	Charles	Jarman	M70	Rugeley Runners		60.45
122	144	Steve	Lowe	M50	Newcastle (Staffs) AC		61.12
123	157	Martin	Stirna	M60	South Cheshire Harriers	430	61.21
124	129	Kathryn	Ambrose	F35	Trentham Running Club		61.26
125	176	Alison	Leese	F40	Stoke Fit		61.31
126	135	Julie	Holmes	F40	unattached		61.38
127	38	Clare	Irving	F35	Stone Master Marathoners		61.42
128	128	Nicola	Williams	F	unattached		61.54
129	123	Arpad	Benedik	M65	unattached		61.57
130	98	Andy	Coward	M50	Pershore Plum Plodders		62.03
131	55	Tracy	Chevin	F40	Stoke Fit		62.33
132	175	Garth	Leese	M40	Stoke Fit		62.37
133	5	John	Hateley	M70	Stafford Harriers		62.44
134	52	Amy	Guy	F	unattached		63.14
135	56	Caroline	Holroyd	F	unattached		63.14
136	35	Matthew	Smith	M40	unattached		63.24
137	107	Andrew	Bostock	M	unattached		64.00
138	31	Jo	Lawrence	F35	Shropshire Shufflers		64.01
139	136	Shaun	Borrill	M45	unattached		64.27
140	130	Robert	Findler	M55	Newcastle Tri	261	64.45
141	53	Cheryl	Percival	F	South Cheshire Harriers		64.54
142	139	Rebecca	Hanson	F	Shawbury		64.58
143	80	Anglea	Gregory	F35	Shropshire Shufflers		65.35
144	9	Sophie	Machin	F	unattached		65.42
145	120	Claire	Connolly	F35	unattached		65.59
146	122	Rachel	Crook	F	unattached		66.00
147	43	Will	Sneddon	M	unattached		66.59

148	168	Adele	Tabbiner	F40	unattached		66.59
149	8	Steph	Machin	F	unattached		67.02
150	116	David	Hebb	M55	unattached		68.11
151	167	Hannah	Jones	F	unattached		68.27
152	61	Emma	Carr	F	Newcastle AC		69.22
153	25	Carol	Martin	F40	Derbyshire Dynamos		70.02
154	138	Kenneth	Gough	M45	NSRRA	128	70.20
155	33	Anne	Davies	F60	Stoke Fit	344	70.28
156	41	Noosh	D Avola	F	unattached		71.20
157	47	Joanne	Grainger	F	Stoke Fit		71.20
158	10	Gina	Simpson	F	unattached		72.31
159	11	Mel	Stoddart	F45	unattached		72.33
160	126	Inge	Moore	F60	South Derby runners		72.45
161	149	Hazel	Barlow	F50	Michelin AC	397	73.18
162	46	Jennifer	Barlow	F35	unattached		77.40
163	96	Aimee	Johnson	F	Stoke Fit		78.56
164	39	Janine	Hulme	F40	Stoke Fit		80.31













