

Primary PE funding (2013-2014)

The money was mainly used to help develop primary students Physical Education skills. It was also used as CPD (Continuing Professional Development) for P.E staff and class teachers. Specialist equipment was also ordered for these activities. We identified four areas for development: Gymnastics, Trampolining, Multiskills and Swimming.

Gymnastics

I organised for a group of primary students to attend a lunch club at the Bulmershe Gymnastics centre. A Gymnastics coach ran the sessions and the students were able to develop their skills in a proper Gymnastics environment. All improved their skills over the 6 weeks but most importantly their confidence. Gymnastic coaches then came in to deliver curriculum Gymnastics for 6 weeks. Most of the students who attended the lunchtime club demonstrated improvement in their confidence and core skills in lessons. I was able to generate ideas from these sessions and compile a primary Gymnastics scheme of work. I purchased two large crash mats for Gymnastics and Trampolining. Students built up their confidence and skills to jump from different heights in different ways.

Trampolining

A specialist Trampolining coach ran an after school club for primary and secondary students for 11 weeks. It was a great opportunity for the younger students to improve their skills and confidence, as well as improve their social skills with the older students. For one boy in particular it calmed him down and improved his behaviour. It again allowed me to watch the coaching and build in confidence in teaching new initiatives.

Multiskills

Multiskills is crucial at such an early age and it helps the students to learn agility, balance and co-ordination. The multiskills coach made the sessions fun and was able to consolidate the students' skills and understanding each week. Her sessions had innovative ideas, which I have used to compile a primary multiskills scheme of work. I used funding to purchase specific equipment for the scheme of work. I have seen an improvement in most students' core skills and this is reflected in their end of year levels.

Swimming

A Swimming coach came in for 6 weeks to help teach two primary classes. The feedback I got back from the teachers was positive. They said that they felt the benefit from a class management point of view and some less able students really enjoyed the close support. The coach worked with 2-3 students per session. Since the teacher came in, certain students seem more willing and confident to participate in the sessions. One of the students has been using floats to support her arms whilst she works on her kicking and another student now enjoys using the next step up from doggy paddle to cross the width of the pool.

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