

Carre's Grammar School
Week 6
16th May – 20th May 2016

Spring / summer

Name **Class**

Monday		Tick
Main	Meatballs in a tomato sauce , rice served with sweetcorn	
Main (V)	Quorn balls in a tomato sauce, rice served with sweetcorn	
Bread	cheese roll With Sweetcorn	
Dessert	Homemade cookie	
Dessert	Fruit	
Dessert	yoghurt	

Tuesday		Tick
Main	Chicken burger, new potatoes served with baked beans	
Main (V)	Vegetable burger, new potatoes served with baked beans	
Bread	Turkey wrap With Baked Beans	
Dessert	Pancakes & maple syrup	
Dessert	Fruit	
Dessert	yoghurt	

Wednesday		Tick
Main	Macaroni cheese with shredded ham served with peas	
Main (V)	Roasted vegetables in a creamy tomato sauce, pasta served with peas	
Bread	No Bread Option	
Dessert	Homemade lemon cake	
Dessert	Fruit	
Dessert	yoghurt	

Thursday		Tick
Main	Roast beef, Yorkshire pudding, roast potatoes served with carrots and gravy	
Main (V)	Savoury Quorn mince, Yorkshire pudding, roast potatoes served with carrots	
Bread	Roast Beef & Pickle Sandwich With Carrots	
Dessert	flapjack	
Dessert	Fruit	
Dessert	yoghurt	

Friday		Tick
Main	Breaded fish, sauté potatoes served with mini corn on the cob	
Main (V)	Cheese & tomato puff, sauté potatoes served with mini corn on the cob	
Bread	Tuna mayonnaise roll With Mini Corn On the Cob	
Dessert	Homemade fairy cakes	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.30 Total Amount :£

Please return this form and payment by Monday 9th May – cheques LCC

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Please complete and detach this section and keep for your records (Parent's Copy)

Monday	Tuesday	Wednesday	Thursday	Friday
M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y