



Rettendon Primary School

Policy on Swimming

1 Aims and objectives

- 1.1 Swimming develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence a range of water based tasks. Being able to swim well is a life skill and promotes a healthy lifestyle.
- 1.2 Our objectives in the teaching of swimming are:
- to enable children to develop and explore physical skills with increasing control and coordination;
 - to encourage children to work and play with others in a range of group situations;
 - to develop the way in which children perform skills, and apply rules and conventions, for different water based activities;
 - all children can swim 25 metres on their back and front by the end of Year 6
 - to teach children to recognise and describe how their bodies feel during exercise;

2 Teaching and Learning

- 2.1 We use a variety of teaching and learning styles in swimming lessons. Our principal aim is to develop the children's knowledge, skills and understanding, and we do this through a mixture of whole-class teaching and individual or group activities. The teacher in charge will have the ASA Swimming Teachers Certificate and the Pool Bronze Medallion as a minimum standard. All staff involved in working with children at Rettendon School have DBS clearance.

3 PE (Swimming) Curriculum Planning

- 3.1 The National Curriculum for PE states that all children should be taught swimming in either Key Stage 1 or 2. The children are taught to swim the required distance using a range of stroke techniques and perform safe rescue skills.
- 3.2 We plan the swimming activities in our own pool so that pupils build upon the prior learning. While there are opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area, there is progression planned into the scheme of work, so that the children are increasingly challenged as they move up through the school.

4 Resources

- 4.1 There is a wide range of resources to support the teaching of swimming across the school. The school pays for the resources as well as teaching staff, support staff, heating, commissioning, de-commissioning, teaching resources and chemicals. The FRS also contributes to the purchasing of equipment and maintenance from time to time. The school may receive other charitable donations which it may put towards the overall costs of providing swimming lessons at Rettendon School.

We also ask for a voluntary contribution to the cost of swimming from parents and carers. The contributions ensure that the subsidy contributed by the school budget is minimal and correlates to the relatively small part of the curriculum. Pupil premium funds are also used to ensure equal access.

Agreed by Governing Body 10/02/2016 To be reviewed February 2019

5 Health and safety

- 5.1 It is the general teaching requirement for health and safety that applies to this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for swimming into the agreed clothing for each activity area. We have an agreed set of rules displayed in the changing area of the pool.

For school use, this should be read in conjunction with LEA Code of Practice 14. All other users should refer to Health and Safety guidance offered by their own governing bodies, authorities and advisors.

The pool is 95cm deep throughout.

Hygiene, Safety and Procedures

- The supervisor 'in charge' should check the pool and poolside is safe before bringing swimmers in
- Swimmers must use the toilet before using the pool
- Swimmers with undiagnosed medical problems, open wounds, appear ill or very dirty should not swim
- Swimmers with hair long enough to reach their eyes must wear a swimming hat
- No food or drink on the poolside
- If there is an emergency evacuation the playground is the assembly point
- Swimmers must provide their own clean swimsuit and towel
- Clothing is left in the changing sheds in a tidy manner, baskets are provided for personal belongings and clothing, keep shoes on the floor
- The person 'in charge' must carry a mobile telephone
- Mrs Wilkinson must be notified immediately of any damage to equipment
- No running around the pool
- Adult supervisor/Swimmer ratios must never exceed 2:15 for statutory school age children around the poolside
- Pre-school groups must adhere to OfSTED/Social Services recommended ratios for supervision of swimmers, there must always be at least 2 adults on the poolside
- There must be a qualified and competent First Aider on site during swimming sessions.
- Never let swimmers dive into the pool
- Private providers must sign the let form and take full responsibility for all members of the community in their charge-they must have adequate insurance cover for the activity they are providing.
- Swimmers cannot enter the pool unless the recovery pole and floats are available
- Disruptive swimmers must leave the poolside
- Supervisors must demonstrate awareness for specific medical conditions for swimmers in their care
- External groups letting the facility must consider any of their own policies in partnership with this policy and they must provide their own First Aid box that meets with current legislation

IF A SWIMMER IS IN DIFFICULTY

- Use floating aids to reach out to them, avoid bodily contact, they could pull you under too
- Clear the pool of other swimmers

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Monitoring and review

- 12.1 The coordination and planning of the PE curriculum (which swimming is part of) is the responsibility of the subject leader.
- 12.2 This policy will be reviewed at least every four years.

Subject Leader: J Adams