

**Carre's Grammar School**  
**Week 7**  
**18<sup>th</sup> July – 21<sup>st</sup> July 2016**

**Spring / summer**

**Name** ..... **Class** .....

<b>Monday</b>		<b>Tick</b>
Main	Baked Ham With Jacket Potato & Peas	
Main (V)	Quorn Sausage With Jacket Potato & Peas	
Bread	Cheese Roll With Cucumber	
Dessert	Cookie	
Dessert	Fruit	
Dessert	Yoghurt	

<b>Tuesday</b>		<b>Tick</b>
Main	Chicken korma, rice served with diced carrots	
Main (V)	Vegetable korma, rice served with diced carrots	
Bread	Ham wrap With Carrot Sticks	
Dessert	Crackers, laughing cow cheese and grapes	
Dessert	Fruit	
Dessert	yoghurt	

<b>Wednesday</b>		<b>Tick</b>
Main	Creamy tomato pasta served with broccoli and sprinkled with cheese and garlic bread	
Main (V)	Cheesy pasta served with broccoli and garlic bread	
Bread	No Bread Option	
Dessert	Frozen strawberry yoghurt served with a wafer curl	
Dessert	Fruit	
Dessert	yoghurt	

<b>Thursday</b>		<b>Tick</b>
Main	Ham Roll	
Main (V)	Cheese Roll	
Bread	Tuna Mayonnaise Roll	
Dessert	Fruit , Yoghurt & Cookie Or Cake	
Dessert		
Dessert		

<b>Friday</b>		<b>Tick</b>
Main		
Main (V)		
Bread		
Dessert		
Dessert		
Dessert		

Special Requirements Including any Food Allergies	<b>Total Meals :</b> <b>Cost per Meal :£2.30 KS2</b> <b>Total Amount :£</b>

Please return this form and payment by Monday 11<sup>th</sup> July – cheques payable LCC

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**Please complete and detach this section and keep for your records (Parent's Copy)**

Monday	Tuesday	Wednesday	Thursday	Friday
Main Veg D/ F/ Y	Main Veg D/ F/ Y	Main Veg D/ F/ Y	Main Veg D/ F/ Y	Main Veg D/ F/ Y