

Carre's Grammar School
Week 6
 11th July – 15th July
Spring / summer

Name Class

Monday		Tick
Main	Meatballs in a tomato sauce , rice served with sweetcorn	
Main (V)	Quorn balls in a tomato sauce, rice served with sweetcorn	
Bread	cheese roll With Sweetcorn	
Dessert	cookie	
Dessert	Fruit	
Dessert	yoghurt	

Tuesday		Tick
Main	Chicken burger, new potatoes served with baked beans	
Main (V)	Vegetable burger, new potatoes served with baked beans	
Bread	Turkey wrap With Baked Beans	
Dessert	Pancakes & maple syrup	
Dessert	Fruit	
Dessert	yoghurt	

Wednesday		Tick
Main	Macaroni cheese with shredded ham served with peas	
Main (V)	Roasted vegetables in a creamy tomato sauce, pasta served with peas	
Bread	Ham Baguette With Peas	
Dessert	Homemade lemon cake	
Dessert	Fruit	
Dessert	yoghurt	

Thursday		Tick
Main	Roast beef, Yorkshire pudding, roast potatoes served with carrots and gravy	
Main (V)	Savoury Quorn mince, Yorkshire pudding, roast potatoes served with carrots	
Bread	Tuna Mayonnaise Roll With Carrots	
Dessert	flapjack	
Dessert	Fruit	
Dessert	yoghurt	

Friday		Tick
Main	Breaded fish, New potatoes served with mini corn on the cob	
Main (V)	Cheese & tomato puff, New potatoes served with mini corn on the cob	
Bread	Roast beef Sandwich with Pickle With mini corn on the cob	
Dessert	Homemade fairy cakes	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.30 KS2 Total Amount :£
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Please return this form and payment by Monday 4th July – cheques payable LCC

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Please complete and detach this section and keep for your records (Parent's Copy)

Monday	Tuesday	Wednesday	Thursday	Friday
M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y