

## Healthy Eating

You'll be pleased to hear that breakfasts, lunches and teas are healthy, wholesome and included in your Daycare fees.

Freshly prepared on the premises, we can easily adapt menus to include special dietary needs. Our 'no added' sugar and salt menus ensure all children receive balanced and nutritious meals.



## Sample Menu

### Breakfast

Choice of wholegrain cereals, fresh fruit and toast & milk

### Lunch

Roast pork loin served with seasoning and gravy, roast potatoes, fresh carrots and broccoli

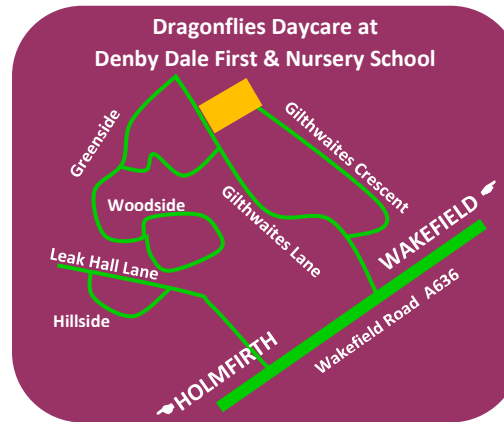
Syrup sponge pudding with custard

### Tea

Cold meat sandwich  
Raspberry bun



Located on the outskirts of Denby Dale village, Dragonflies Daycare is close to open countryside offering extended opportunities for outdoor activities.



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Please phone or email us to arrange a visit for you and your child or to book a free "taster session".



**Dragonflies**  
**DAYCARE**

**Come and see us soon!**

# Putting your children first



# Dragonflies DAYCARE

Denby Dale First & Nursery School