

**Physical Education topics 2014-2015**

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Key Stage 1	<p>Overview: During Key Stage 1 pupils will:</p> <ul style="list-style-type: none"> <li>• master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</li> <li>• participate in team games, developing simple tactics for attacking and defending</li> <li>• perform dances using simple movement patterns</li> <li>• take part in intra-school competitions</li> </ul>					
Year 1	<p>Dance (Street)</p> <p>Gymnastics</p> <p>Body awareness</p>	<p>Dance (Oceans/Snow World themes)</p> <p>Fundamentals</p> <p>Ball skills</p>	<p>Orienteering</p> <p>Gymnastics</p> <p>Travelling/balancing</p>	<p>Fundamentals</p> <p>Invasion Games</p> <p>Gymnastics</p> <p>Jumping/rolling</p>	<p>Swimming</p> <p>Fundamentals</p> <p>Net/wall games</p>	<p>Athletics</p> <p>Games – Striking and field games</p>
Year 2	<p>Dance (Street)</p> <p>Games</p>	<p>Dance (Street)</p> <p>Invasion games (tag rugby)</p>	<p>Gymnastics</p> <p>Invasion games (hockey)</p>	<p>Gymnastics</p> <p>Net/Wall games (badminton)</p>	<p>Net/Wall games (tennis)</p> <p>Games-ball skills</p>	<p>Striking and fielding (kwik cricket)</p> <p>Athletics</p>
Key Stage 2	<p>Overview: Pupils continue to develop their skills, enjoying communicating, collaborating and competing with each other. They learn how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils continue to learn how to improve their running, throwing and catching in isolation and together. They play a range of competitive games, including basketball, cricket, football, tag-rugby, hockey, netball, rounders, orienteering and tennis. Pupils:</p> <ul style="list-style-type: none"> <li>• develop flexibility, strength, technique, control and balance</li> <li>• perform dances using a range of movement patterns</li> <li>• take part in outdoor and adventurous activities</li> <li>• compare their performances with previous ones and demonstrate improvement to achieve their personal best.</li> <li>• learn to swim confidently over a distance of at least 25m using a range of strokes effectively</li> <li>• learn to perform safe self-rescue in different water-based situations</li> </ul>					
Year 3	<p>Dance (Street)</p> <p>Invasion Games (skittle ball)</p>	<p>Dance (Street)</p> <p>Net/wall games (tennis)</p>	<p>Gymnastics</p> <p>Outdoor and adventurous activities including orienteering</p>	<p>Athletic activities</p> <p>Gymnastics</p>	<p>Swimming</p> <p>Striking &amp; fielding games (Rounders)</p>	<p>Swimming</p> <p>Athletic activities</p>

Year 4	Dance Games (ball skills)	Dance Invasion games (basketball)	Gymnastics Invasion games (tag rugby)	Gymnastics Net/Wall games (netball)	Net/Wall games (tennis) Games- tactics (rounders)	Striking and fielding (rounder) Athletics
Year 5	Dance (Street) Invasion games (football)	Dance (Street) Invasion games (football)	Gymnastics Net/Wall games (badminton)	Gymnastics Net/Wall games (tennis)	Outdoor and Adventure Street dance composition	Athletics Street dance composition
Year 6	Dance (Street) Net /wall games (Netball)	Dance (Street) Invasion games (tag rugby)	Gymnastics Invasion games (hockey)	Gymnastics Net/Wall games (basketball)	Net/Wall games (tennis) Athletics Goal ball	Outdoor and Adventure New/Wall games (badminton) Athletics