

## **Staying Safe on Instagram**

Instagram is an online App which allows you to store photographs and share them with others who follow you. Pictures can be edited, captioned and people can comment on and like them.

### **Do you know how to block someone?**

If you don't feel happy with a particular person having access to view your profile, they can be blocked. The process to block someone is: Go to their profile, in the top right corner there is a link '...' tap on this and some options will pop up and at the top is the option to block user/ unblock user. After this, you select 'Yes, I'm sure' and this person will no longer be able to see anything you post.

### **Do you know if your account is private or public?**

Many people don't realise that as well as selecting who you follow on Instagram, you can also decide who you want to follow you. To be able to do this your account is required to be on private. To make your account private you need to go your own profile, in the top right hand corner is the settings icon, tap on that and scroll down until you see the 'private account' option and slide the lever across. Doing this will not remove the followers you already have so if you want to get rid of someone prior to this you will need to block them (see above). Once you have changed this setting only people you allow will be able to see your profile and when someone new tries to follow you, you are able to accept or decline their follow request. If you decline someone it will not block them and they will have the option to try following you again in the future. To make your account public so that anyone is able to view it, even without following you, then you just have to follow the above instructions but revert the 'private account' lever.