

## STAY AT HOME

**Raised temperature** (of over 37.5)

**Rashes** can be the first sign of many infectious illnesses such as chickenpox and measles. If your child has a rash, check with your GP before sending them to school.

**Vomiting and diarrhoea.** Children with these conditions can return to school 48 hours **after** their symptoms have settled.

## TAKE ADVICE

**Headaches.** A child with a minor headache does not usually need to be kept off school.

If the headache is more severe or is accompanied by other symptoms such as raised temperature or drowsiness, then keep your child at home and consult your GP.

## COME TO SCHOOL\*

**Cough**

**Cold**

**Sore throat**

**Feeling tired**

\*We will always contact you if your child becomes ill during the school day.