

YA/CLW

7th September 2016

Dear Parents / Guardians

As part of our topic work this term, Class 4 will be going on a trip to Tesco, Sleaford on Thursday 15th September 2016.

The trip links directly to our topic 'Scrumdiddlyumptious'. We will be going on a 'Healthy Eating Trail' where the children will learn about healthy food choices and how important fruit and vegetables are to their diet. We will also be showing the children where to find nutritional information about what they eat. The class will be able to sample different foods and healthy snacks and also learn how to make muesli as an alternative breakfast choice. Therefore, if your child has any allergies to any foods please indicate below.

There is no cost involved in the visit as Tesco have been kind enough to offer this for free.

Children will need to be dressed in school uniform but should be prepared for all weather conditions. A waterproof coat is advisable in case of rain as we will be walking a short distance to where we will catch the bus. We will be back for lunch time but children can bring a snack and drink if they wish.

If your child suffers with travel sickness please make the class teacher aware of this. It would be advisable to administer the travel sickness tablet before they come to school and enclose another tablet if required for the journey back.

The deadline for reply slips is Wednesday 14th September 2016 .

Yours sincerely

Miss Appleyard
Class Teacher

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I give permission for my child to visit Tesco on Thursday 15th September 2016

Does your child have any allergies to any food? yes/no (if yes please provide details)

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Parent/Guardian Name Signature Date