

Carden Primary School

Physical Education Whole School Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Nursery cover Action songs and circuits	Balancing & climbing	Circuits / FMS	Circuits / FMS	Athletics activities, running, jumping, throwing	Athletics activities, running, jumping, throwing
R	WVO Circuits/FMS/ABC	Gymnastics Dance	WVO / Circuits / FMS	WVO / Circuits / FMS	Cooperation and team games	Athletics activities, running, jumping, throwing
Y1	WVO Football Tag Rugby	Gymnastics Dance around the world	Invasion - Basketball HRE - Circuits	Invasion - Netball Net – Volleyball Tri Golf	Net - Tennis Athletics	Athletics activities, running, jumping, throwing Cricket skills
Y2	WVO Invasion Games Football Tag Rugby	Gymnastics Line Dancing	Invasion - Basketball HRE - Circuits	Invasion - Netball Net – Volleyball Tri Golf	Net - Tennis Athletics	Athletics activities, running, jumping, throwing Cricket
Y3	WVO Invasion Games Football Tag rugby	Gymnastics Rock and Roll Dance	Invasion - Basketball Invasion - Quicksticks	Invasion - Netball Net – Volleyball Tri Golf	Net - Tennis Athletics	Athletics Cricket Swimming
Y4	WVO Invasion Games Football Tag rugby Swimming	Gymnastics Pop Bands Dance	Invasion - Basketball Invasion - Quicksticks	Invasion - Netball Net – Volleyball OAA Swimming	Net - Tennis Athletics	Athletics Cricket
Y5	WVO / OAA Invasion Games Football Tag rugby	Gymnastics Wild West Dance	Invasion - Basketball Invasion - Quicksticks Swimming	Invasion - Netball Year 5 Sports Leaders	Net - Tennis Athletics Swimming	Athletics Cricket
Y6	WVO / OAA Invasion Games Football Tag rugby	Gymnastics Street Dance Swimming	Invasion - Basketball Invasion - Quicksticks	Invasion - Netball Year 6 Sports Leaders	Net - Tennis Athletics	Athletics Cricket Bikeability 2

	Bikeability 1					
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NB - WWO skills and games used throughout the year and within each unit of work and developed in age appropriate ways.
Year 4 and 5 have two half terms of swimming and year 3 and 6 have one half term of swimming each year.
SPORTS WEEK – All children across the school participate in tasters and additional activities for NSW totalling a minimum of 1 hour per day.