

Week 6
5th December – 9th December
Autumn Term

Name Class/Year

| Monday | | Tick |
|---------------|---|-------------|
| Main | Bolognese mince served with basmati rice & mixed vegetables | |
| Main (V) | Jacket potato served with cheese & cucumber | |
| Bread | Ham roll, fruit, yoghurt, cake or cookie | |
| Dessert | Pineapple upside down cake & custard | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| Tuesday | | Tick |
|----------------|--|-------------|
| Main | Ham Sandwich ,fruit ,yoghurt ,cake or cookie | |
| Main (V) | Cheese Sandwich, fruit, yoghurt, cake or cookie | |
| Bread | ,Tuna Mayonnaise Sandwich fruit, yoghurt, cake or cookie | |
| Dessert | Frozen Chocolate Yoghurt | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| Wednesday | | Tick |
|------------------|---|-------------|
| Main | Ham & Cheese Pasta served with peas | |
| Main (V) | Cheesy pasta served with peas | |
| Bread | Egg mayonnaise sandwich, fruit, yoghurt, cake or cookie | |
| Dessert | Apple crumble & custard | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| Thursday | | Tick |
|-----------------|---|-------------|
| Main | Roast pork, Yorkshire pudding served with roast potatoes, mixed vegetables & gravy | |
| Main (V) | Vegetable sausage, Yorkshire pudding served with roast potatoes, mixed vegetables & gravy | |
| Bread | Bbq chicken wrap, fruit, yoghurt, cake or cookie | |
| dessert | Homemade cookie | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| Friday | | Tick |
|---------------|--|-------------|
| Main | Cod bites served with sauté potatoes & diced carrots | |
| Main (V) | vegetable fingers served with sauté potatoes & diced carrots | |
| Bread | Cheese roll, fruit, yoghurt, cake or cookie | |
| Dessert | muffin | |
| Dessert | Fruit | |
| Dessert | yoghurt | |

| | |
|---|---|
| Special Requirements Including any Food Allergies | Total Meals : Cost per Meal :£ Price Total Amount :£ |
|---|---|

.....
Please complete and detach this section and keep for your records (Parent's Copy)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| M _{ain} V _{eg} D/ F/ Y | M _{ain} V _{eg} D/ F/ Y | M _{ain} V _{eg} D/ F/ Y | M _{ain} V _{eg} D/ F/ Y | M _{ain} V _{eg} D/ F/ Y |