



Woodlands CE
Week 3

Week 3 Menu

All main meals are accompanied with: Seasonal vegetables or salad items.
And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options.

All menu items are subject to availability and may change without notice.

Monday

Chilli Chicken Pasta

Chicken in a mild spicy tomato sauce served over pasta

Quorn & Pepper Fajitas

Quorn & mixed peppers sautéed in Fajita spices, served in a soft tortilla wrap

Marble Sponge

Plain sponge marbled with a chocolate sponge mixture and served with custard

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Frozen Smoothie

An individual frozen sorbet, made with fresh fruit puree

Tuesday

Beef Lasagne

Layered beef & pasta topped with cheese sauce

Vegetable Lasagne

Tender vegetables in a tomato base, layered with pasta and a creamy cheese sauce

Mixed Fruit Crumble

Mixed fruit topped with a crispy crumble & served with custard

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Chocolate & Vanilla Mousse

frozen chocolate & vanilla mousse

Wednesday

Roast Dinner

Tender roast meat slices with a rich gravy

Quorn Sausage

A protein rich, vegetarian sausage

Orange Drizzle Cake

Orange Sponge drizzled in sauce and served with custard

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Cheese, Crackers & Fruit

Thursday

Sticky Chicken Pizza

Pizza topped with sticky chicken

Cheese & Tomato Pizza

Pizza topped with tomato sauce & cheese topping

Mandarin Sponge

Rich sponge with mandarins, served with custard

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Fresh Fruit Salad

Assorted diced fresh & tinned fruit, served with creamy vanilla ice cream

Friday

Tempura Battered Fish

White fish fillet in a crispy tempura batter

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Chocolate Apple Sponge

A base of soft tender apples under a light chocolate sponge

Honey, Banana & Yoghurt

school catering

at

Woodlands CE Primary School



This leaflet contains details of the menu at your school after October Half-Term.

Tasty, nutritious school meals have been provided in the Bradford district for many years. The Universal Infant Free School Meals scheme means these meals are now provided for **FREE** to all primary school children in reception class and Years 1 & 2.

There are no forms to fill in, or other eligibility criteria. So if your child is in one of these year groups, you can simply send them along to school to enjoy a delicious free lunch each day. If you would be eligible for free school meals (see criteria overleaf), it's a good idea to still register as your school will benefit from extra funding.

Please Note: For children in Years 3 - 6, meals will be priced at £1.60*, which is still great value for money.

Menu Cycle

w/c 31-Oct-16	Week 1
w/c 07-Nov-16	Week 2
w/c 14-Nov-16	Week 3
w/c 21-Nov-16	Week 1
w/c 28-Nov-16	Week 2
w/c 05-Dec-16	Week 3
w/c 12-Dec-16	Week 1
w/c 19-Dec-16	Holiday week
w/c 26-Dec-16	Holiday week
w/c 02-Jan-17	Week 1
w/c 09-Jan-17	Week 2
w/c 16-Jan-17	Week 3
w/c 23-Jan-17	Week 1
w/c 30-Jan-17	Week 2
w/c 06-Feb-17	Week 3
w/c 13-Feb-17	Week 1
w/c 20-Feb-17	Holiday week
w/c 27-Feb-17	Week 3
w/c 06-Mar-17	Week 1
w/c 13-Mar-17	Week 2
w/c 20-Mar-17	Week 3
w/c 27-Mar-17	Week 1
w/c 03-Apr-17	Week 2

Dates shown in red are holiday weeks

City of Bradford MDC

www.bradford.gov.uk

The wording in this publication can be made available in other formats such as large print. Please call: 01274 436778.

More information on the meals we provide, along with detailed allergen information is available online at:

www.bradford.gov.uk/schoolmeals



Woodlands CE
Week 1

Week 1 Menu

All main meals are accompanied with: Seasonal vegetables or salad items.
And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options.

All menu items are subject to availability and may change without notice.

Monday

Braised Sausage

Sausage braised with onions and gravy, slowly cooked in the oven

Vegetarian Quorn Frankfurter

Quorn hotdog served in a bun

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Pineapple Upside

A sponge topped with pineapple, syrup and served with custard

Date & Cocoa Brownie

Tuesday

Chicken & Vegetable Pie

Chicken & veg in gravy with a pastry lid

Vegetarian Cheese Lattice

A thick cheese sauce encased in a puff pastry lattice, baked through the oven

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Peach Oaty Crumble

Peaches topped with a sweet oaty crumble, served with creamy custard

Fruit Jelly

Decorated fruit jelly

Wednesday

Roast Turkey Dinner

Tender roast turkey slices with a rich gravy

Vegetarian Veggie Soya Shepherds Pie

Soya mince in a rich vegetarian gravy topped with mash

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Rice Pudding & Peaches

Rice pudding served with peaches and jam

Strawberry & Vanilla Mousse

Frozen strawberry & vanilla mousse

Thursday

Ham & Mushroom Pizza

Pizza topped with ham & mushrooms

Vegetarian Cheese & Tomato Pizza

Pizza topped with tomato sauce & cheese topping

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Pear Vanilla Sponge

Vanilla sponge mixed with pears, and served with creamy custard

Fresh Fruit Salad

Assorted diced fresh & tinned fruit, served with creamy vanilla ice cream

Friday

Gluten Free Fish Fingers

Fish fillet coated in gluten free golden breadcrumbs and baked through in oven

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Chocolate Mandarin Sponge

Rich cocoa based sponge with mandarin served with chocolate sauce

Angel Delight

Light and creamy mousse



Woodlands CE
Week 2

Week 2 Menu

All main meals are accompanied with: Seasonal vegetables or salad items.
And either: potatoes, rice, pasta, chapattis, or naan bread. Bread is available daily, along with fresh fruit and fruit yoghurt too, as part of the dessert options.

All menu items are subject to availability and may change without notice.

Monday

Lamb & Mint Grill

A rustic lamb and mint patty

Vegetarian Vegetable Soya Lasagne

Soya mince in a tomato sauce, layered with pasta and a creamy cheese sauce

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Lemon & Sultana Sponge

A light sponge with a hint of lemon & sultanas, served with creamy custard

Flapjack

A sweet bar made with oats, golden syrup and butter

Tuesday

Meat & Potato Pie

Braised diced beef and potatoes in gravy with a pastry top

Vegetarian Cheese Whirls

Flaky puff pastry with a potato, cheese and spring onion filling

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Apple Crumble

Cooked apple topped with a crispy crumble & served with custard

Fruit Cheese Cake

Biscuit base with a cheesecake filling and finished with fruit

Wednesday

Roast Turkey Dinner

Tender roast turkey slices with a rich gravy

Vegetarian Mexican Mixed Bean Burrito

Mixed beans in a mild Mexican tomato sauce, folded in a soft tortilla wrap

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Jam Sponge

A light sponge topped with jam, served with creamy custard

Cocoa & Orange Cookie

Thursday

BBQ Chicken Pizza

Pizza topped with BBQ chicken

Vegetarian Cheese & Tomato Pizza

Pizza topped with tomato sauce & cheese topping

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Eve's Pudding

A base of soft tender apples under a light sponge served with custard

Fresh Fruit Salad

Assorted diced fresh & tinned fruit, served with creamy vanilla ice cream

Friday

Tempura Battered Goujons

White fish fillet goujons in a crispy tempura batter

Vegetarian Quorn Burger

Baked quorn burger served in a bread bun with salad

Jacket Potatoes / Non - Meat Panini / Sandwiches & Wraps

Chocolate Sponge

Rich cocoa based sponge served with chocolate sauce

Cheese, Crackers & Fruit

- ✓ All meat and poultry used is locally sourced.
- ✓ All fresh vegetables and potatoes are locally sourced
- ✓ All our fish, vegetarian, cheese dishes are suitable for Muslims
- ✓ All our dessert items are suitable for vegetarians and Muslims

- ✓ We do not use preservatives or additives that are unsuitable for children
- ✓ We have a no nut and no genetically modified ingredient policy



Approved by



Children in Years 3 to 6 could also get School Meals for FREE

Your child is entitled to free school meals if you receive any of the following*:

- Income Support
- Universal Credit
- Pension Credit (Guarantee Credit only)
- Income based Jobseekers Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit with an annual income of less than £16,190, if not receiving Working Tax Credit
- Income-related Employment and Support Allowance
- Working Tax Credit run-on

Registering for Free School Meals means your school gets extra money from the government, known as the pupil premium. For more information on free school meals please tel: **01274 432772** or email: **benefits@bradford.gov.uk** Or check/apply online at **www.bradford.gov.uk/benefits**