

TEDDER C P SCHOOL

Week 5

January 30th – Feb 3rd

Winter Term

Name Class/Year

Monday		Tick
Main	Jacket Potato With Cheese & Beans	
Main (V)	Mild Vegetable Chilli With Jacket Potato & Broccoli	
Bread	Cheese sandwich, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Chocolate sponge & chocolate sauce	
Dessert	Fruit	
Dessert	yoghurt	

Tuesday		Tick
Main	Baked Ham With Sauté Potatoes & Diced Carrots	
Main (V)	Vegetable Risotto Served With Diced Carrots & Teriyaki Sauce	
Bread	Ham roll, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	ice cream & a homemade shortbread biscuit	
Dessert	Fruit	
Dessert	yoghurt	

Wednesday		Tick
Main	chicken & tomato pasta bake served with garlic bread & peas	
Main (V)	Sweet potato & spinach pasta bake served with garlic bread & peas	
Bread	Tuna mayo baguette yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Sultana sponge & custard	
Dessert	Fruit	
Dessert	yoghurt	

Thursday		Tick
Main	Roast Beef & Yorkshire Pudding with new potatoes, mixed vegetables & gravy	
Main (V)	Savoury Quorn mince & Yorkshire Pudding With New Potatoes, mixed vegetables & gravy	
Bread	Chicken tikka wrap, yoghurt, fruit or vegetable sticks cake or cookie	
Dessert	cookie	
Dessert	Fruit	
Dessert	yoghurt	

Friday		Tick
Main	Fish goujons served with roast potatoes & sweetcorn	
Main (V)	Vegetable quiche served with roast potatoes & sweetcorn	
Bread	Turkey roll, yoghurt, fruit or vegetable sticks, cake or cookie	
Dessert	muffin	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	Total Meals : Cost per Meal :£2.30 Total Amount :£
---	---

Please return this form and payment by Tuesday a week before

.....
Please complete and detach this section and keep for your records (Parent's Copy)

Monday	Tuesday	Wednesday	Thursday	Friday
M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y	M _{ain} V _{eg} D/ F/ Y