

TEDDER C P SCHOOL

Week 4

January 23rd – 27th

Winter Term

Name Class/Year

Monday		Tick
Main	Chicken korma served with rice, peas & naan bread	
Main (V)	Mixed beans in a salsa sauce served with rice, peas & naan bread	
Bread	Tuna mayo roll, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Lemon sponge & custard	
Dessert	Fruit	
Dessert	yoghurt	

Tuesday		Tick
Main	Creamy tomato & Cheese pasta bake served with mixed vegetables	
Main (V)	Pesto pasta, served with grated cheese & mixed vegetables	
Bread	Ham baguette, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	muffin	
Dessert	Fruit	
Dessert	yoghurt	

Wednesday		Tick
Main	Chicken Fillet served with new potatoes & baked beans	
Main (V)	Vegetable burger served with new potatoes & baked beans	
Bread	Chicken wrap yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Chocolate Orange Sponge With custard	
Dessert	Fruit	
Dessert	yoghurt	

Thursday		Tick
Main	Sausage, Yorkshire pudding served with mash potatoes, carrots & gravy	
Main (V)	Quorn mince & vegetable casserole served Yorkshire pudding with mash potatoes, carrots & gravy	
Bread	Turkey sandwich , yoghurt, fruit or vegetable sticks cake or cookie	
Dessert	cookie	
Dessert	Fruit	
Dessert	yoghurt	

Friday		Tick
Main	Breaded fish served with sauté potatoes & sweetcorn	
Main (V)	Roasted vegetables & lentils in a tomato & basil sauce served with sauté potatoes & sweetcorn	
Bread	Cheese roll, yoghurt, fruit or vegetable sticks, cake or cookie	
Dessert	Frozen Strawberry yoghurt with a mini shortbread biscuit	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	<p>Total Meals :</p> <p>Cost per Meal :£2.30</p> <p>Total Amount :£</p>
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Please return this form and payment by Tuesday of the week before



Please complete and detach this section and keep for your records (Parent's Copy)

Monday			Tuesday			Wednesday			Thursday			Friday		
M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y