

TEDDER C P SCHOOL

Week 3

January 16th – 20th

Winter Term

Name Class/Year

Monday		Tick
Main	Sweet chilli chicken served with rice & Sweetcorn	
Main (V)	Chickpea & vegetable curry served with rice & Sweetcorn	
Bread	Ham roll, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Toffee sponge & toffee sauce	
Dessert	Fruit	
Dessert	yoghurt	

Tuesday		Tick
Main	Fish pie served with Mixed Vegetables	
Main (V)	Jacket Potato With Vegetable Nuggets Served With Baked Beans	
Bread	Cheese baguette, yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Waffle & strawberry sauce	
Dessert	Fruit	
Dessert	yoghurt	

Wednesday		Tick
Main	Beef bolognaise served with pasta, garlic bread & peas	
Main (V)	Vegetable lasagne served with garlic bread & peas	
Bread	Egg mayo sandwich yoghurt, fruit or vegetable sticks, cookie or cake	
Dessert	Apple crumble slice & custard	
Dessert	Fruit	
Dessert	yoghurt	

Thursday		Tick
Main	Chicken casserole & Yorkshire pudding served with roast potatoes & broccoli	
Main (V)	Quorn sausage Yorkshire pudding served with roast potatoes, broccoli & gravy	
Bread	chicken wrap, yoghurt, fruit or vegetable sticks cake or cookie	
Dessert	cookie	
Dessert	Fruit	
Dessert	yoghurt	

Friday		Tick
Main	Cheese And Ham Pinwheel With New Potatoes & Carrots	
Main (V)	Cheese & Tomato Pinwheel With New Potatoes & Carrots	
Bread	Tuna mayo baguette, yoghurt, fruit or vegetable sticks, cake or cookie	
Dessert	muffin	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	<p>Total Meals :</p> <p>Cost per Meal :£2.30</p> <p>Total Amount :£</p>
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Please return this form and payment by Tuesday of the week before

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Please complete and detach this section and keep for your records (Parent's Copy)

Monday			Tuesday			Wednesday			Thursday			Friday		
M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y	M _{ain}	V _{eg}	D/ F/ Y