

## PSHE and Citizenship

PSHE Education is a non-statutory subject. However, the great majority of schools choose to teach it because it makes a major contribution to their statutory responsibilities to promote children and young people's personal and economic wellbeing; offer sex and relationships education; prepare pupils for adult life and provide a broad and balanced curriculum.

At Swinton Queen Primary School, we follow the PSHE scheme of work outlined by Rotherham Healthy Schools. Alongside this scheme of work, we implement aspects of the SEAL Scheme of work (Social and Emotional Aspects of learning) as well.

PSHE is planned and taught in classes on a weekly basis, as well as through assemblies, with SEAL resources being regularly used to support delivery. Visitors such as the Fire Service, NSPCC and anti-bullying theatre companies are often invited into school to aid delivery.

Pupils are taught:

### Year One

The Caring School  
Feelings, Friends and Friendship  
Focus on Special People  
Keeping Healthy  
Growing and Changing  
Keeping Myself Safe  
The World of Drugs

### Year Two

The Caring School  
Feelings and Relationships  
Growing and Changing  
Healthy Lifestyles  
Me, My Community and the Environment  
Keeping Myself Safe  
The World of Drugs  
Focus on Outdoors

### Year 3

The Caring School  
Feelings, Friends and Friendships  
Loss, Separation and Relationships

My Health Body - Food and Healthy Eating  
My Healthy Body - Taking Responsibility for my Healthy Lifestyle  
Global Citizenship - Human Needs, Human Rights  
Rights and Responsibilities  
Keeping Myself Safe  
The World of Drugs

#### Year 4

The Caring School  
Feelings, Friends and Friendship  
Respecting the Differences between People  
Environmental Sustainability  
My Healthy Body: Caring for my Body  
How do Rules and Laws affect me?  
Keeping Myself Safe  
The World of Drugs

#### Year 5

The Caring School  
Bullies - Bullying, Pressure and Risks  
Me and My Relationships - Focus on Memories  
Lifestyles and Cultures  
Political Literacy and Citizenship  
The Consequences of Inequality  
Growing Up - Relationships and Responsibilities of Puberty  
The World of Drugs

#### Year 6

The Caring School  
Growing Up - Relationships  
Transition to Secondary School  
Growing Up - Responsibilities  
*E-Safety: Multi Media Messaging*  
Rollercoaster: The Ups and Downs of Puberty  
The World of Drugs

